

The Buzz

Compte: 32

Mur: 4

Niveau: Absolute Beginner



Chorégraphe: Helaine Norman (USA) - November 2024

Musique: Ain't In Kansas Anymore - Miranda Lambert

INTRO: 32

No tags or restarts

I. HEEL TOE HEEL, HITCH; STEP TOGETHER STEP TOUCH

1-4 Touch R heel forward, touch R toes back, touch R heel forward, hitch R

5-8 Step R side, step L together, step R side, touch L together

Optional for 1-4: HEEL SWITCH X4:

1-4 Touch R heel forward, step R together, touch L heel forward, step L together

II. HEEL TOE HEEL, HITCH; STEP TOGETHER STEP TOUCH

1-4 Touch L Heel forward, touch L toes back, touch L heel forward, hitch L

5-8 Step L side, step R together, step L side, touch R together

Optional for 1-4: HEEL SWITCH X4:

1-4 Touch L heel forward, step L together, touch R heel forward, step R together

III. ROCKING CHAIR; 1/8 L-TURN X2

1-4 Rock R forward, recover to L, rock R back, recover to L

5-6 Step R forward making 1/8 turn left, weight to L

7-8 Step R forward making 1/8 turn left, weight to L (9:00)

IV. K-STEP

1-4 Step R forward to right diagonal, touch L together, return L to center, touch R together

5-8 Step R back to right diagonal, touch L together, return L to center, touch R together

REPEAT

Helaine43@gmail.com