

Don't Stop AB

Compte: 32

Mur: 4

Niveau: Absolute Beginner



Chorégraphe: Chok Fredo (INA) - November 2024

Musique: Don't Stop 'Til You Get Enough - Michael Jackson

Intro : 48 beats

No Tag / 1 Restart

SEC 1 : WALK R L R - TOGETHER - WALK BACKWARD R L R - TOGETHER

- 1 - 2 Step RF forward - Step LF forward
- 3 - 4 Step RF forward - Step LF next to RF
- 5 - 6 Step RF back - Step LF back
- 7 - 8 Step RF back - Step LF next to RF

SEC 2 : CROSS - SIDE TOUCH (L R) - CROSS BEHIND - SIDE TOUCH (L R)

- 1 - 2 Cross RF over LF - Touch LF to side left
- 3 - 4 Cross LF over RF - Touch RF to side right
- 5 - 6 Cross RF behind LF - Touch LF to side Left
- 7 - 8 Cross LF behind RF - Touch RF to side right

RESTART HERE ON WALL 10

SEC 3 : HEEL TOUCHS - HOLD/CLAP - HIPS BUMP (R L R L)

- 1&2& Touch RF heel Forward - Step RF next to LF - Touch LF heel Forward - Step LF next to RF
- 3 - 4 Touch RF heel Forward - Hold with clap
- 5 - 6 Step RF to side bump hips to right - Bump hips to Left
- 7 - 8 Bump hips right - Bump hips Left

SEC 4 : ROCKING CHAIR - CAMEL STEP R L - 1/4 R CAMEL STEP R L

- 1 - 2 Rock RF forward - Recover on LF
- 3 - 4 Rock RF back - Recover on LF
- 5 - 6 Step RF forward slide LF to RF popping LF knee Forward - Step LF forward slide RF to LF popping RF knee forward
- 7 - 8 1/4 turn right step RF forward Slide LF to RF popping LF knee forward - Step LF .forward slide RF to LF popping RF knee forward

Enjoy The Dance

Contact Person

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