



Compte: 96

Mur: 4

Niveau: Phrased Improver



Chorégraphe: Russibell Seoh (KOR) - November 2024 Musique: APT. - ROSÉ & Bruno Mars

Intro : 16 Counts No Tag ! Part A : 32 Counts Part B : 32 Counts Part C : 32 Counts Sequence : A B C A B C A B (16) B B C A A

PartA: 32 Counts

ASec1 : Turnning Your Body Slightly To R Then Tap R Heel To R Slde Four Times With Hand Movements , Turnning Your Body Slightly To L Then Tap L Heel To L Side Four Times With Hand Movements 1234 Turnning Your Body Slightly To R Then Tap R Heel To R Slde Four Times With Hand

Turnning Your Body Slightly To R Then Tap R Heel To R Slde Four Times With Hand Movements & Place your weight on your right foot for the last 4 counts.

Styling : Raise your left hand over the back of your right hand and your right hand over the back of your left hand for two sets.

5678 Turnning Your Body Slightly To L Then Tap L Heel To L Side Four Times With Hand Movements & Place your weight on your left foot for the last 8 counts

Styling : Raise your left hand over the back of your right hand and your right hand over the back of your left hand for two sets.

ASec2 : R Side , Together , R Side , Touch L Beside R , 1/2 R Turn L SIde & Hip Bump Twice , R Hip Bump Twice

1234 R Side , Together , R Side , Touch L Beside R

5678 1/2 R Turn L SIde & Hip Bump Twice , R Hip Bump Twice (6:00)

ASec3 : Turnning Your Body Slightly To L Then Tap L Heel To L Side Four Times With Hand Movements , Turnning Your Body Slightly To R Then Tap R Heel To R Slde Four Times With Hand Movements

1234 Turnning Your Body Slightly To L Then Tap L Heel To L Side Four Times With Hand Movements & Place your weight on your left foot for the last 8 counts

Styling : Raise your left hand over the back of your right hand and your right hand over the back of your left hand for two sets.

5678 Turnning Your Body Slightly To R Then Tap R Heel To R Slde Four Times With Hand Movements & Place your weight on your right foot for the last 4 counts.

Styling : Raise your left hand over the back of your right hand and your right hand over the back of your left hand for two sets.

ASec4 : L SIde , Together , L Side , Touch R Next To L , 1/4 L Turn R Side & Hip Sway R L , Half Clockwise Hip Roll For Two Counts

- 1234 L SIde , Together , L Side , Touch R Next To L
- 56 1/4 L Turn R Side(3:00) & Hip Sway R L
- 78 Half Clockwise Hip Roll (Weight On L) For Two Counts

Part B: 32 Counts

BSec1 : R L Toe Switch , R Vine

12 Touch Ball of R Fwd , Close R Next To L

Styling : Tilt Your Head To The R

34 Touch Ball Of L Fwd , Close L Next To R

Styling : Tilt Your Head To The L

5678 R Side, Cross L Behind R , R Side , Touch L Next To R

Styling : Turn Your Head Clockwise For Four Counts

- BSec2 : L R Toe Switch , 1/4 L Turn Vine , Touch R Next To L
- 12 Touch Ball Of L Fwd , Close L Next To R
- Styling : Tilt Your Head To The L
- 34 Touch Ball of R Fwd , Close R Next To L
- Styling : Tilt Your Head To The R
- 5678 L SIde , Cross R Behind L , 1/4 L Turn Step L Fwd (9:00) , Touch R Next To L
- Styling : Turn Your Head Anti Clockwise For Four Counts

BSec3 : R Fwd , Touch L Next To R , Hold , R Hip Bump Twice , L Back , Touch R Next To L , Hold , L Hip Bump Twice

- & 12 Step R Fwd , Touch L Next To R , Hold
- Styling : R Hand on Hip, L Hand on Hip
- 34 R Hip Bump Twice
- &56 L Back , Touch R Next To L , Hold
- Styling : L Hand on Head , R Hand on Head
- 78 L Hip Bump Twice

BSec4 : 1/2 R Turn Jazzbox , R Side , Flick L Behind R , L Side , Flick R Behind L

- 12 Cross R Over L , 1/4 R Turn L Back
- 34 1/4 R Turn Step R Fwd, Step L Fwd (3:00)
- 56 R Side , Flick L Behind R (Option : Hit your left heel with your right hand.)
- 78 L Side , Flick R Behind L (Option : Hit your Right heel with your Left hand.)

Part C : 32 Counts

CSec1 : Slide R To R Slde , Drag L In Towards R , Cross Rock L Behind R , Recover On R , Slide L To L Side , Drag R In Towards L , Cross Rock R Behind L , Recover On R

- 12 Slide R To R Slde , Drag L In Towards R
- 34 Cross Rock L Behind R, Recover On R
- 56 Slide L To L Side , Drag R In Towards L
- 78 Cross Rock R Behind L , Recover On L

CSec2 : Fwd Walk R L , Step R Fwd , Pivot 1/2 L Turn , Rock R Fwd , Recover On L, Coaster

- 12 Fwd Walk R L
- 34 Step R Fwd , Pivot 1/2 L Turn (6:00)
- 56 Rock R Fwd , Recover On L
- 7&8 Step R Back , Close L next To R , Step R Fwd

CSec3 : Syncopated Weave , Pivot 1/4 L Turn Twice With Hip Roll

- 12 Cross L Over R , R Side
- 3&4 Cross L Behind R , R SIde , Cross L Over R
- 56 Step R Fwd , Pivot 1/4 L Turn On L With Hip Roll
- 78 Step R Fwd , Pivot 1/4 R Turn On L With Hip Roll (12:00)

CSec4 : Cross R Over L , Point L To L Side , Cross L Over R , Point R To R Side , Hip Sway R L R L

- 12 Cross R Over L , Point L To L Side
- 34 Cross L Over R , Point R To R Side
- 5678 Hip Sway R L R L

Happy Dancing !!