

Omar Girlfriend

COPPER **KNOB**
BY STEPHEN

Compte: 48

Mur: 2

Niveau: Improver

Chorégraphe: Herman Baso (INA) - October 2024

Musique: Girlfriend - Omar Rudberg



Note:

- Intro (16C)

- 1x Tag (4C after wall 2)

S1# FWD - FLICK - BACK - KICK - LOOK BACK - SYNCHOPATED FWD LOCK SHUFFLE - BOTH KNEE POP UP

1&2& step RF fwd, LF flick, step LF back, kick RF fwd
3, 4 step RF back, look back over R
5&6& step LF fwd, lock RF behind LF, step RF fwd, lock RF behind LF
7&8 step LF fwd, both foot on toes to make both knees pop out, drop both heels

S2# 3/4 L SQUARE TURN - CUBAN BREAK (R - L)

1&2& step RF to side, close touch LF next to RF, 1/4 L step LF to side, close touch RF next to LF
3&4 1/4 L step RF to side, close touch RF next to LF, 1/4 L step LF to side
5&6 cross RF over LF, recover on LF, step RF to side
7&8 cross LF over RF, recover on RF, step LF to side

S3# 1/4 L PIVOT - CROSS SHUFFLE - 1/4 R BACK - 1/4 R SIDE - CROSS SHUFFLE

1, 2 step RF fwd, 1/4 L recover on LF
3&4 cross RF over LF, step LF to side, cross RF over LF
5, 6 1/4 R step LF back, 1/4 R step RF to side
7&8 cross LF over RF, step RF to side, cross LF over RF

S4# SIDE - RECOVER - BEHIND SIDE CROSS - FWD DIAGONAL - RECOVER WITH KICK - BEHIND SIDE CROSS

1, 2 step RF to side, recover on LF
3&4 cross RF behind LF, step LF to side, cross RF over LF
5, 6 step LF diagonally fwd, recover on RF with LF kick fwd
7&8 cross LF behind RF, step RF to side, cross over LF

S5# 1/2 L PIVOT - FWD LOCK SHUFFLE - 1/2 R PIVOT - FWD LOCK SHUFFLE

1, 2 step RF fwd, 1/2 L recover on LF
3&4 step RF fwd, lock LF behind RF, step RF fwd
5, 6 step LF fwd, 1/2 R recover on RF
7&8 step LF fwd, lock RF behind LF, step LF fwd

S6# V STEP - 1/2 L PIVOT - 1/2 L PIVOT

1, 2 step RF diagonally fwd, step LF diagonally fwd
3, 4 step RF back to center, close LF next to RF
5, 6 step RF fwd, 1/2 L recover on LF
7, 8 step RF fwd, 1/2 L recover on LF

TAG (4C AFTER WALL 2)

T1# SIDE - HIP ROLL (CLOCKWISE) WITH CLOSE TOUCH

1 - 4 step RF to side, make hip roll out from right, back, and change weight to LF with Rf close touch next to LF

REPEAT

HAPPY DANCING

Lets Get Sweaty, healthy and happy!!!

Best Regards,

Herman Baso

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