

Simply Swims

Compte: 32

Mur: 2

Niveau: Absolute Beginner



Chorégraphe: Susie G (UK) - October 2024

Musique: Bad Dreams - Teddy Swims

Intro: 32 counts

Section 1: CROSS ROCK R, RECOVER, CHASSÉE R, CROSS ROCK L, RECOVER, CHASSÉE L

- 1 – 2 Cross Rock R over L, recover
- 3 & 4 Step to R side, close L beside, step to R side
- 5 – 6 Rock L over R, recover
- 7 & 8 Step to L side, close R beside, step to L side

Section 2: CROSS ROCK R, RECOVER, CHASSÉE ¼ TURN R, CROSS ROCK L, RECOVER, CHASSÉE L

- 1 – 2 Rock R over L, recover
- 3 & 4 Step to R side, close L beside, step to R side with ¼ turn R (3 o'clock)
- 5 – 6 Rock L over R, recover
- 7 & 8 Step to L side, close R beside, step to L side

Section 3: R TOE STRUT, 2 SHUFFLES FWD, L TOE STRUT

- 1 – 2 Touch R toe fwd, R heel down
- 3 & 4 Step fwd L, close R beside, step fwd L
- 5 & 6 Step fwd R, close L beside, step fwd R
- 7 – 8 Touch L toe fwd, L heel down

Section 4: CROSS R, POINT L. CROSS L, POINT R. JAZZ BOX ¼ TURN R

- 1 – 2 Cross R over L, point L to L side
- 3 – 4 Cross L over R, point R to R side
- 5 – 6 Cross R over L, step back on L
- 7 – 8 Step to R on R with ¼ turn R, close L beside (6 o'clock)