

Embrace It

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Vee Trias (INA) - October 2024

Musique: Embrace It - Ndotz



NO TAG NO RESTART

S1. WALK FORWARD (R-L), FORWARD LOCK SHUFFLE, FORWARD ROCK, ANCHOR STEP

1-2 Step R Forward - Step L Forward
3&4 Step R Forward - Lock L behind R - Step R Forward
5-6 Rock R forward - Recover on L
7&8 Rock L back - Recover on R - Step L in place

S2. STEP BACK, V STEP

1-4 Step R back - Step L back - Step R back - Step L back
5-8 Step R diagonal forward - Step L diagonal forward - Step R back to center - Step L together

S3. VAUDEVILLE (R-L), JAZZBOX TURN ¼ RIGHT

1&2& Cross R over L - Step L to side - Touch R heels diagonal forward - Step R together
3&4& Cross L over R - Step R to side - Touch L heels diagonal forward - Step L together
5-8 Cross R over L - Turn ¼ right step L back - Step R to side - Step L forward

S4. DOROTHY STEP (R-L), FORWARD MAMBO, COASTER STEP

1-2& Step R diagonal forward - Lock L behind R - Step R diagonal forward
3-4& Step L diagonal forward - Lock R behind L - Step L diagonal
5&6 Rock R forward - Recover on L - Step R back
7&8 Step L back - Step R together - Step L forward

Have fun and happy dancing!
