

Simply The Best

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Anne Demeyst (BEL) - October 2024

Musique: SIMPLY THE BEST - Black Eyed Peas, Anitta & El Alfa



Intro: 16 Counts

[1-8] WALK FORWARD X3, L KICK, STEP BACK X3, SIDE POINT

1 2 R steps forward, L steps forward
3 4 R steps forward, L kick forward
5 6 L steps back, R steps back
7 8 L steps back, R side point

[9-16] SAMBA STEP X2, COASTER STEP, KICK ¼ TURN BALL POINT

1&2 R cross step over L, L side rock, recover on R
3&4 L cross step over R, R side rock, recover on L
5&6 R step back, L steps besides R, R steps forward
7&8 L kick forward, ¼ turn left L steps besides R, R side point

[17-24] SYNCOPATE WEAVE ENDING WITH TOUCH, SIDE POINT, CROSS BEHIND FLICK, COASTER STEP

1&2 R steps over L, L side step, R steps behind L
&3&4 L side step, R steps over L, L side step, R touch besides L
5 6 R side point, R cross flick behind L
7&8 R steps back, L steps besides R, R steps forward

[25-32] ¼ TURN WITH FORWARD SHUFFLE X2, BOX STEP

1&2 ¼ turn left with L stepping forward, R steps besides L, L steps forward
3&4 R steps forward, L steps besides R, R steps forward
5 6 L steps over R, R steps back
7 8 L side step, R touch besides L

[33-40] STEP SLIDE DIAGONAL BACK X2, VINE

1 2 R diagonal step back with a 2 count L drag towards R
3 4 L diagonal step back with a 2 count R drag towards L
5 6 R side step, L steps behind R
7 8 R side step, L touch besides R

[41-48] ROLLING VINE, LINDY STEP

1 2 ¼ turn left with L stepping forward, ½ turn left with R stepping back
3 4 ¼ turn left with L side step, R touch besides L
5&6 R side step, L steps besides R, R side step
7 8 L cross rock behind R, recover back onto R

[49-56] SHUFFLE FORWARD, ¼ TURN SIDE ROCK RECOVER CROSS, SIDE ROCK RECOVER TOGETHER, STOMP STOMP

1&2 L steps forward, R steps besides L, L steps forward
3&4 ¼ turn left with R side rock, recover onto L, R cross step over L
5&6 L side rock, recover onto R, L steps besides R
7 8 R stomp besides L, L stomp besides R

[57-64] SHUFFLE FORWARD, PIVOT ½ TURN, FORWARD ROCK RECOVER, COASTER STEP

1&2 R steps forward, L steps besides R, R steps forward

3 4 L steps forward, weight shift from L to R while ½ turn over right
5 6 L rock forward, recover back onto R
7&8 L steps back, R steps besides L, L steps forward
