

# Monster Shake

**COPPER** **KNOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Candace Jajo-Burns (USA) - October 2024

**Musique:** I'm In Love With a Monster - Fifth Harmony



## **S1 Toe Struts x 4 moving to the R**

- 1-2 (With body facing 1:00) Step R toes to R, step down on RF
- 3-4 Step L toes to R, step down on LF
- 5-6 Step R toes to R, step down on RF
- 7-8 Step L toes to R, step down on LF

**\*Option to make toe struts hip bumps**

## **S2 Jump R, Clap, Jump L, Jump R, Clap, Point LF to L, Touch LF next to RF**

- &1-2 (with body facing 12:00) Step RF to R, touch LF next to RF, clap
- &3-4 Step LF to L, touch RF next to LF, clap
- &5-6 Step RF to R, touch LF next to RF, clap
- 7-8 Point LF to L, touch LF next to RF

## **S3 Grapevine L with ¼ turn L, bump hips R x 2, bump hips L x 2**

- 1-2 Step LF to L, step RF behind LF
- 3-4 Step LF to L making a ¼ turn (9:00), touch RF next to LF
- 5&6 Bump hips to R, shift hips back to center, bump hips to R
- 7&8 Bump hips to L, shift hips back to center, bump hips to L

## **S4 Stomp RF to R diagonal, swivel LF towards RF, Stomp LF to L diagonal, swivel RF towards LF**

- 1-2 Stomp RF to R diagonal, swivel L heel towards RF
- 3-4 Swivel L toes towards RF, swivel L heel towards RF
- 5-6 Stomp LF to L diagonal, swivel R heel towards LF
- 7-8 Swivel R toes towards LF, swivel R heel towards LF

**Song ends a bit odd, so feel free end the dance after the toe struts on wall 15**

**YouTube:** PHX Dance with Candace

**Facebook:** PHX Dance

**Instagram:** @phxlivedance