

Hold My Horses

COPPER **NOB**
BY STEPHEN

Compte: 32

Mur: 4

Niveau: Improver / Intermediate

Chorégraphe: Marianne Langagne (FR) - 17 October 2024

Musique: Hold My Horses - Max Jackson



*****2 Restarts (2nd – 5th Walls)**

Intro : 16 Counts (Start on the lyrics)

Sequences : 32 – 16R – 32 – 32 – 16R – 32 – 32 – 32 – 32 – 12 - Final

S1 JAZZ BOX ½ TURN R, DIAGONALLY COASTER STEP , KICK BALL STEP

1-2-3-4 Cross RF Over LF, LF Back in ¼ Turn R, RF to the R (3:00), ¼ Turn R – LF to the L (6:00)

5 & 6 1/8 Turn R - RF Back, Together, RF Fwd (7:30)

7 & 8 Kick LF, Ball LF next to RF, RF Fwd

S2 CROSS SHUFFLE, R SIDE SHUFFLE , ¼ TURN L COASTER STEP , KICK BALL STEP

1&2 1/8 Turn L – Cross LF over RF, RF to the R, Cross LF over RF (6:00)

3&4 RF to the R, Together, RF to the R

5&6 ¼ Turn L – LF Back, Together, LF Fwd (3:00)

7&8 Kick RF , Pose Ball R, LF Fwd

Here Restarts : 2nd Wall (facing 12:00), 5th Wall (facing 9:00)

S3 TRIPLE STEP, HEEL, FLICK, HEEL, HOOK, TRIPLE STEP, ROCK STEP

1&2 RF Fwd, Together, RF Fwd

3&4 Heel L Fwd, Flick LF Backwards, Heel L Fwd

& Hook L in front of R Leg

5&6 LF Fwd, Together, LF Fwd

7-8 RF Fwd, Recover on LF

S4 BACK FULL TURN *, COASTER STEP, STEP ½ TURN R , TRIPLE FWD C

1-2 ½ Turn R – RF Fwd (9:00) , ½ Turn R – LF Back (* Option Back RF – LF)

3&4 RF Back, Together, RF Fwd

5-6 LF Fwd, ½ Turn R (Weight on RF) (9:00)

7&8 LF Fwd, Together, LF Fwd

FINAL : After R Side Shuffle Continue with - COASTER STEP, RF FWD, POINT L BEHIND RF

Dance & have fun !!!!

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Last Update: 22 Oct 2024