

Sway (P)

Compte: 32

Mur: 0

Niveau: Beginner Partner



Chorégraphe: Mei Xiang (MY) - October 2024

Musique: R. Mitchell - Sway - cha cha cha music

Man is to the left of the lady. Right hand holds left hand of the woman. Unless otherwise stated, all steps are the same.

Section 1 - R SIDE / SHUFFLE BACK , L SIDE / SHUFFLE FWD

1-2 3&4 Step R side to R , close L beside R, Shuffle Back R/L/R

5-6 7&8 Step L side to L close R Beside L, Shuffle Fwd L/R/L

Section2 (For Men) ROCK STEP , SHUFFLE BACK, BACK STEP , SHUFFLE FWD

1-2 3&4 Step R Fwd , Recover L , Shuffle Back (R/L/R)

5-6 7&8 Rock L Back , Recover R, Shuffle Fwd (L/R/L)

Section2 (For Women) STEP TURN, SHUFFLE ½ TURN , ROCK STEP , BACK SHUFFLE FULL TURN

[Women pass under men's arms (3&4 - 7&8)]

1-2 3&4 Step R Fwd , Pivot ½ Turn L and Step L Fwd, Shuffle ½ Turn L (R/L/R)

5-6 7&8 Rock L Back , Recover R, Shuffle Full Turn R (L/R/L)

Section 3 - WALK R & L , SHUFFLE FWD , ROCK STEP , COASTER STEP

1-2 3&4 Walk R Fwd , Walk L Fwd , Shuffle Fwd R/L/R

5-6 7&8 Step L Fwd, Recover on R , Step L Back, R Beside L , Step L Fwd

Section 4 ROCK STEP , ¼ TURN , BEHIND SIDE CROSS , ¼ TURN ROCK STEP , ½ TURN , SHUFFLE

[Women are behind men (3&4) and pass under men's arms (5 6)]

1-2 3&4 Step R Fwd Pivot ¼ Turn L , Step R behind L , Step L to side, R cross on L

5-6 7&8 ¼ TurnL , step L Fwd , ½ Turn Back R , cha cha on the spot (L/R/L)

Repeat

Happy Dancing