

# Cowboy's Busy (牛仔很忙)

**COPPER** **KNOB**  
STEPSHEETS

Compte: 96

Mur: 1

Niveau: Phrased Improver



Chorégraphe: Jaslin Lim (SG) - October 2024

Musique: Cowboy On The Run (牛仔很忙) - Jay Chou (周杰倫)

Intro: 32 count

SEQUENCE : AA BB CD AA BB DBB  
NO TAG AND RESTART

## PART A (32 COUNTS)

### S1. HEEL DIG, TOE TOUCH, HEEL DIG, HOLD

- 1-4& Dig R heel diagonally forward, touch R toe next to L, dig R heel, hold, step R beside L(&  
5-8& Repeat the above steps with L foot

### S2. CROSS BACK BACK, CROSS BACK BACK, CROSS, STEP TOGETHER

- 1-4 Cross R over L, step back on L and R, cross L over R  
5-8 Step back on R and L, cross R over L, step L next to R

### S3. LINDY STEPS

- 1&2 Chasse right on R, L, R  
3-4 Rock L behind R and recover  
5&6 Chasse left on L, R, L  
7-8 Rock R behind L and recover

### S4. SIDE TOUCHES (STYLING: LASSO)

- 1-4 Step R to right, touch L besides R, step L to left, touch R besides L  
5-8 Repeat above steps

## PART B (16 COUNTS)

### S1. VAUDEVILLES

- 1&2& Cross R over L, step L to left, dig R heel diagonally forward, step R besides L (&  
3&4& Cross L over R, step R to right, dig L heel diagonally forward, step L besides R (&  
5&6& Repeat S1 (1&2&)  
7&8& Repeat S1 (3&4&)

### S2. KNEE BOUNCE WITH CLOCKWISE BODY ROTATION

- 1-8 Bounce both knees slightly, rotate body clockwise

## PART C (16 COUNTS)

### S1. STEP IN PLACE R, L, R, L HEEL DIG, STEP IN PLACE L, R, L, R HEEL DIG (STYLING : SHOW THE GUNSHOT HAND GESTURES)

- 1-4 Step on R, L, R, dig L heel forward  
5-8 Step on L, R, L, dig R heel forward

### S2.

- 1-8 Repeat Part C - S1

## PART D (32 COUNTS)

### S1. WALK FORWARD R, L, R, TOUCH, WALK BACKWARD TOUCH (STYLING:SPIN A LASSO WITH YOUR RIGHT HAND)

- 1-4 Walk forward on R, L, R, touch L beside R  
5-8 Walk backward on L, R, L, touch R besides L

**S2. WALK FORWARD R, L, R, TOUCH, WALK BACKWARD TOUCH (STYLING:SPIN A LASSO WITH YOUR RIGHT HAND)**

1-8 Repeat Part D - S1

**S3. MONTEREY HALF TURNS**

1-4 Point R to right(1), half turn right and step on R (2), point L to left(3), step L besides R(4)

5-8 Repeat 1 - 4

**S4. SIDE TOUCHES (STYLING:SPIN A LASSO WITH YOUR RIGHT HAND)**

1-4 Step R to right, touch L besides R, step L to left, touch R besides L

5-8 Repeat above steps

**Last Update - 16 Oct. 2024 - R1**

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