

Sapa Pu Ana

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Chok Fredo (INA) & Novi3NLD (INA) - October 2024

Musique: Kanzer pmc_ Sapa Pu Ana Nona Feat Jimmy Do making & Marlon O.T.B



Intro 32 Count - No Tags/No Restart

Sec 1. BACK R L - COASTER STEP - WALK L R - FORWARD SHUFFLE

- 1 -2 Step RF back (1) Step LF back (2)
- 3&4 Step RF back (3) Close LF beside RF (&) Step RF forward (4)
- 5 - 6 Step LF forward (5) step RF forward (6)
- 7&8 Step LF forward (7) Close RF beside LF (&) step LF forward (8)

Sec 2. PIVOT ½ L - FORWARD SHUFFLE - TURN ¾ R - CROSS SHUFFLE

- 1 - 2 Step RF forward (1) Turn ½ L LF in place (2) 6.00
- 3&4 Step RF forward (3) Close LF beside RF (&) Step RF forward (4)
- 5 - 6 Turn ½ R step LF back (5) Turn 1/4 right step RF to side (6) 3.00
- 7&8 Cross LF over RF (7) Step RF to side (&) Cross RF over LF (8)

SEC 3. DOROTHY R L - PIVOT ½ L - WALK R L

- 1 - 2& Step RF diagonal R forward (1) Step LF behind RF (2) Step RF diagonal RF forward (&)
- 3 - 4& Step LF diagonal L forward (3) Step RF behind LF(4), step LF diagonal L forward (&)
- 5 - 6 Step RF forward,(5) Turn 1/2 L in place (6)
- 7 - 8 Step RF forward (7) Step LF forward (8)

Sec 4. BOTAFIGO R L R - BACK SHUFFLE

- 1&2 Cross RF over LF (1) Ball LF to side (&) Step RF in place (2)
- 3&4 Cross LF over RF (3), Ball RF to side (&) Step LF in place (4)
- 5&6. Cross RF over LF,(5) Ball LF to side (&) Step RF in place (6)
- 7&8 Step LF back (7) close RF beside LF (&) Step LF back (8)

Enjoy The Dance

contact person
chokfredo63@gmail.com

Last Update: 12 Oct 2024