

# Moving on Up

**Compte:** 32

**Mur:** 4

**Niveau:** Improver



**Chorégraphe:** Gary Lafferty (UK) - October 2024

**Musique:** Moving on Up (feat. Matt Consola & Dirty Disco) (Division 4 & Matt Consola Remix) - Heather Small

(no tags or restarts!)

**Music Info:** See below for intro notes, 126 bpm

## **STEP, LOCK, & HEEL & HEEL; & STEP, LOCK & DIAGONAL HEEL, HOLD**

- 1-2 Step diagonally-forward Right on Right foot, lock-step Left foot behind Right
- &3 Step down onto Right foot, touch Left heel forward
- &4 Step on Left foot beside Right, touch Right heel forward
- &5-6 Step on Right foot beside Left, step diagonally-forward Left on Left foot, lock-step Right foot behind Left
- &7-8 Step down onto Left foot, touch Right heel diagonally-forward Right, hold

**OPTION – You can double-clap on &8 if you wish**

## **(&) CROSS-ROCK, RECOVER, SIDE-SHUFFLE; RIGHT JAZZBOX with ¼ TURN RIGHT and CROSS**

- &1-2 Step on Right foot beside Left, cross-rock Left foot over Right, recover weight onto Right foot
- 3&4 Step to Left on Left foot, step on Right foot beside Left, step to Left on Left foot
- 5-6 Cross-step Right foot over Left, turn ¼ Right stepping back on Left foot
- 7-8 Step Right on Right foot, cross-step Left foot over Right

## **SYNCOPATED WEAVE TO RIGHT; LEFT SAILOR ¼ TURN LEFT, WALK, WALK**

- 1-2 Step on Right foot, cross-step Left foot behind Right
- &3-4 Step on Right foot, cross-step Left foot over Right, step on Right foot
- 5&6 Left sailor-step making a ¼ turn to Left
- 7-8 Step forward on Right foot, step forward on Left foot

## **ROCK FORWARD, RECOVER, RIGHT COASTER STEP; ROCK FORWARD, RECOVER, LEFT TRIPLE ¾ TURN**

- 1-2 Rock forward on Right foot, recover weight onto Left foot
- 3&4 Step back on Right foot, step on Left foot beside Right, step forward on Right foot
- 5-6 Rock forward on Left foot, recover weight onto Right foot
- 7&8 Make ¾ triple turn over Left shoulder stepping Left-Right-Left

## **START AGAIN**

**MUSIC INTRO – the dance will start after 32 counts (when the heavy beat kicks in) and you'll do the first wall before there are any vocals**

**However, you have the option to do the below intro after just 16 counts which will hit all the “clicks” before the heavy beat commences and you start the dance:**

## **OPTIONAL “X-SHAPE” INTRO**

- 1-2 Step diagonally-forward Right on Right foot, touch Left foot beside Right and click your fingers
- 3-4 As you step back on your Left foot turn ¼ Left (to the next diagonal), touch Right Left foot beside Right and click your fingers

**Then repeat a further 3 times (so 16 counts in total) making an X shape anti-clockwise around the 4 diagonal corners, then start the dance!**

