

Loco Motion

Compte: 48

Mur: 4

Niveau: Improver

Chorégraphe: Rex Allott (UK) - October 2024

Musique: My Baby Thinks She's a Train - Asleep At The Wheel



Intro - 32 beats

S1. Skate fwd, step fwd, back, triple step

- 1-4. Skate fwd R, L, R, L
- 5-6. Step R fwd, back on L
- 7&8. Triple step R, L, R

S2. Chasse R, step L behind R, syncopated heel/ toe swivel

- 1&2. Step R to R, step L next to R, step R to R
- 3-4. Step L behind R, step fwd on R
- 5-6. Step L to L, swivel R heel to L
- 7&8. Swivel R toe to L, R heel to L, R toe to L

S3. Chasse L, step R behind L, syncopated heel/toe swivel

- 1&2. Step L to L, step R next to L, step L to L
- 3-4. Step R behind L, step fwd on L
- 5-6. Step R to R, swivel L heel R
- 7&8. Swivel L toe to R, L heel to R, L toe to R

S4. L 1/4 cross step turn R x 2, step fwd, back, triple step

- 1-4. Turning 1/4 R cross L over R, step R behind L x 2
- 5-6. Step fwd on L, back on R
- 7&8. Triple step L, R, L

S5. R 1/4 cross step turn L x 2, step fwd, back, triple step

- 1-4. Turning 1/4 L cross R over L, step L behind R x 2
- 5-6. Step fwd on R, back on L
- 7&8. Triple step R, L, R

S6. 1/4 L hitch turn R, 1/4 R hitch turn R, 1/4 L hitch turn R, triple step

- 1-2. Turning 1/4 R, step R fwd, hitch L
- 3-4. Turning 1/4 R, step L back, hitch R
- 5-6. Turning 1/4 R, step R back, hitch L
- 7&8. Triple step L, R, L

Tag.

S1. Slow prissy steps fwd R, L, step back R, L

- 1-2. Cross R over L, pause
- 3-4. Cross L over R, pause
- 5-6. Step back R, L

Tag after 3rd S5. (6 o'clock) & final triple 1/2 turn R (12 o'clock)

Restart after 6 beats of 5th S5. (omit triple step) (3 o'clock)

On final S6. Replace triple step with triple 1/2 turn R return to 12 o'clock

Last Update: 7 Oct 2024

