

# Moment For Yourself

COPPERKNOB  
STEPSHEETS

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Chris Jacques (USA) - September 2024

Musique: Gecko (Overdrive) (Radio Edit) - Oliver Heldens & Becky Hill



Restarts: 0 Tags: 0

Intro: 32 counts

**[1-9]: Step L, Rock/Recover, Forward Lock, Rock/Sweep, Behind-Side Cross**

1, 2, 3 Step L to L side (1), Rock back on R (2), Recover weight L (3)  
4&5 Step Forward on R (4), Lock L behind R (&), Step Forward on R (4)  
6, 7 Rock Forward on L (6), Recover weight R, Sweeping L front to back (7)  
8&1 Cross L Behind R (8), Step R to R side (&), Cross L Over R (1) – Facing 12:00

**[10-16]: Hold, Sync. Weave R, Heel Bounces w/ ¼R, Sailor ¼R**

2&3 Hold (2), Step Ball of R next to L (&), Cross L behind R  
&4 Step R to R side (&) Cross L Over R (4)  
5, 6 Make a ¼R Turn, Bounce both heels (5,6)  
7&8 Cross R behind L (7), Step L to L side (&), ¼R Stepping Forward on R

**[17-24]: Walk, Walk, Hip Push, Back Rock, Point-Hitch-Cross**

1, 2 Walk Forward on L (1), Walk Forward on R (2)  
a3, 4 Rotate 1/8R, Pushing hip up and L (a) 1/8R, Pushing hips R (3), Recover weight L (4)  
5a Rock back on R (5) Recover weight L (a)  
6,7,8 Point R to R side (6), Hitch R in front of (7), Cross R over (8)

**[25-32]: Back, Side, Crossing Shuffle, ¼R, Pivot ½R, ¼R Shuffle**

1, 2 Step back on L (1), Step R to R side (2)  
3&4 Cross L over R (3), Step R to R side (&) Cross L over R (4)  
5, 6, 7 Rotate, ¼R, Stepping Forward on R (5), Step Forward on L (6), Pivot ½R, Stepping Forward on L (7)  
8& Rotate ¼R Stepping L to L side (8), Step R next to L (&)

Both the original and the radio edit versions of the music work. The only difference is that the radio edit is shorter.

Last Update: 1 Oct 2024