

# Listen To Your Heart

**COPPER** **KNOB**  
BY STEPSHEETS

Compte: 32

Mur: 2

Niveau: Intermediate

Chorégraphe: Michelle Chen (TW) - September 2024

Musique: Listen to Your Heart (Rumba) - Hantos Djay



Introduction : 8 counts \* 4 – Walls 2/4

Starting LEFT(LF) at 12:00 direction

Tag : 4 counts \* 2 Times

ReStart : 2 Times

**Main Section: 8 counts \* 4**

**S1: BIG STEP, BACK R&R, SHUFFLE, 1/2TR STEP BACK, BACK W/KNEE POP, SHUFFLE**

- 1 (Starting @12:00) Make LF a Big Step to Lsid
- 2 3 Step RF Cross Behind LF, Recover back to LF
- 4&5 Step RF Fwrd, Step LF Ball Together, Step RF Fwrd
- 6 7 Make 1/2TR(@06:00) And Step LF Bwrd, Step RF Bwrd with LF Knee-Pop
- 8&1 Step LF Fwrd(In-Place), Step RF Ball Together, Step LF Fwrd

**S2: TIME STEP R-L, 1/4 DIAMOND PARTIAL**

- 2&3 Step RF Together, Step LF In-Place, Make RF a Big Step to Rsid
- 4&5 Step LF Together, Step RF In-Place, Make LF a Big Step to Lsid
- 6&7 Step RF Cross Over LF, Step LF to Lsid, Make 1/8TR(@07:30) and Step RF Bfwd (w/ Hitch LF)
- 8& Step LF Bwrd, Make 1/8TR(@09:00) and Step RF Rsid

**S3: SPLIT CUBAN BREAK, PRISSY WALK, R&R W/LUNGE**

- 1 2& Rock(Check) LF Cross Over RF, Recover back to RF, Ball Step LF Together
- 3 4& Rock(Check) RF Cross Over LF, Recover back to LF, Ball Step RF Together
- 5 6 Prissy Walk Fwrd LF-RF
- 7 8 Rock(Lunge) LF Cross Fwrd with Bending Both Knees, Recover back to RF

**S4: JUMP OUT-OUT HOLD JUMP IN-IN HOLD, STEP&HEEL BOUNCE TURN, 1/4TR CHASSE**

- &1 2 Jump LF&RF Out-Out, Hold
- &3 4 Jump LF&RF In-In, Hold
- 5 6 7 Step LF Fwrd, Make 1/4TR(@12:00) and Bounce both Heels, Make 1/4TR(@03:00) and Bounce both Heels
- 8& (1) Make 1/4TR(@06:00) and Step LF Lsid, Step RF Ball Together (, Make LF a Big Step to Lsid)

Note: for 8&1 it can be CHASSE or TIME STEP to Lsid Whenever Following with Tag or ReStart, Please Use TIME STEP, otherwise CHASSE

**TAG: 4 counts**

- 1 2 3 4 Sway Hip to Lsid-Rsid-Lsid-Rsid

On the end of Wall2 @12:00 and the end of Wall4 @03:00

**RS(ReStart): 2 Times**

On Wall3, after (8 counts \* 2), ReStart @09:00

On Wall6, after (8 counts \* 3), ReStart @06:00

**ENDING:**

On Wall10 Start @12:00, Dance only (8 counts \* 2), in the end Make 1/2 (instead of 1/4) Diamond and Ending Pose @12:00.

Notes for abbr.

RF(Right Foot) / LF(Left Foot)  
Fwrđ(forward) / Bwrđ(backword) / Rsid(right side) / Lsid(left side)  
Diag (diagonal)  
TR(make a RightTurn) / TL(make a LeftTurn)

Contact:

If there is any question or suggestion, please don't hesitate to contact.

Thanks a lot. Hope you like it.

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