

Contrato

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 4

Niveau: Debutant

Chorégraphe: Isabelle Biasini (FR) - September 2024

Musique: Contrato - Maluma



Intro : 32 counts

ROCK BACK, CHASSE R, ROCK CROSS, ¼ TURN CHASSE FWD

- 1-2 Step RF backward, Recover on LF
- 3&4 Step RF to R side, Step LF next to RF, Step RF to R side
- 5-6 Step LF forward, Recover on RF
- 7&8 ¼ Turn L Step LF forward, Step RF next o LF, Step LF forward

WALK x2, MAMBO STEP R FWD, MAMBO BACK L, STEP ON PLACE RL,

- 1-2 Step RF forward, Step LF forward
- 3&4 Step RF forward, Recover on LF, Step RF backward
- 5&6 Step LF backard, Recover on RF, Step LF forward
- 7-8 Step RF next to LF, Step on place LF

ROCK SIDE R, RECOVER, CROSS BACK, ¼ TURN STEP FWD, STEP FWD, ¼ TURN TOUCH L, CHASSE L

- 1-2 Step RF to R side, Recover on L
- 3-4 Cross RF behind LF, ¼ turn L Step LF forward
- 5-6 Step RF forward, ¼ turn L Touch LF next to RF
- 7&8 Step LF to L side, Step RF next to LF, Step LF to L side

CROSS POINT x2 FWD, STEP R AND PUSH FWD, RECOVER, PUSH FWD, RECOVER

- 1-2 Cross RF over LF, Point LF to side (style : Shimmy)
- 3-4 Cross LF over RF, Point RF to side (style : Shimmy)
- 5-6 Step RF forward and pushing hips, Recover on L pushing hips backward
- 7-8 Recover on R pushing hips forward, Recover on L

And start again with smile
