

Dominicana Cha

Compte: 48

Mur: 4

Niveau: Phrased High Intermediate



Chorégraphe: Malene Jakobsen (DK) - September 2024

Musique: No limites - Alliance Ethnik : (iTunes)

Intro: 32 counts from the beat 19 sec. seconds into track, dance begins with weight on L

Phrasing: BB AA BB AA short A (16 counts) BB AA

Part A: 32c

[1-9] Cross, 1/4, 1/4, cross rock, side, touch, side, back rock, side

- 1-2-3 (1) Cross R over L, (2) turn 1/4 R stepping back on L, (3) turn 1/4 R stepping R to R 6.00
4&5 (4) Rock L across R, (&) recover onto R, (5) step L to L 6.00
6-7 (6) Touch R next to L, (7) step R to R 6.00
8&1 (8) Rock back on L, (&) recover onto R, (1) step L to L 6.00

[10-17] Prep., 1/4, shuffle 1/2, 1/4 side rock, cross shuffle

- 2-3 (2) Turn your body slightly L prepping for R turn, (3) turn 1/4 R putting weight on R 9.00
4&5 (4) Turn 1/4 R stepping back on L, (&) step R next to L, (5) turn 1/4 R stepping back on L 3.00
6-7 (6) Turn 1/4 R rocking R to R, (7) recover onto L 6.00
8&1 (8) Cross R over L, (&) step L to L, (1) cross R over L 6.00

NOTE This where short A goes into part B – count 1 is the first count in part B

[18-25] Side, behind, side rock, behind, 1/4, 1/4, coaster 1/4

- 2-3 (2) Step L to L, (3) cross R behind L 6.00
4&5 (4) Rock L to L, (&) recover onto R, (5) cross L behind R 6.00
6-7 (6) Turn 1/4 R stepping fwd. on R, (7) turn 1/4 R stepping L to L 12.00
8&1 (8) Turn 1/4 R stepping back on R, (&) step L next to R, (1) step fwd. on R 3.00

[25-32] Walk, walk, mambo, back, 1/2, 1/4

- 2-3 (2-3) Walk fwd. L, R 3.00
4&5 (4) Rock fwd. on L, (&) recover on R, (5) step back on L 3.00
6-7 (6) Step back on R, (7) turn 1/2 stepping fwd. on L 9.00
8& (8) Step fwd. on R, (&) turn 1/4 L putting weight on L 6.00

Part B : 16c

[1-9] Cross, hold, ball behind, hold, ball, cross rock, 1/4, chase turn

- 1-2&3-4 (1) Cross R over L, (2) hold, (&) step L to L, (3) cross R behind L, (4) hold 12.00
&5-6-7 (&) Step L to L, (5) rock R across L, (6) recover onto L, (7) turn 1/4 R stepping fwd. on R 3.00
8&1 (8) Step fwd. on L, (&) turn 1/2, (1) step fwd. on L 9.00

[10-16] Hold, ball step, hold, ball, fwd. rock, back, back, back, together

- 2&3-4 (2) Hold, (&) step R next to L, (3) step fwd. on L, (4) hold 9.00
&5-6-7 (&) Step R next to L, (5) rock fwd. on L, (6) recover onto R, (7) step back on L 9.00
8& (8) Step back on R, (&) step L next to R 9.00