

# My Bar

**COPPER** **KNOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Cathy Snow (USA) - September 2024

**Musique:** My Bar - Priscilla Block



**Intro: 16 counts**

**[1-8] R SIDE TOGETHER, SIDE SHUFFLE: L SIDE TOGETHER, SIDE SHUFFLE**

1-2 Step R to R side, step L next to R  
3&4 Shuffle to R side R, L, R  
5-6 Step L to L side, step R next to L,  
7&8 Shuffle to L side L, R, L

**[9-16] R ROCK STEP; RECOVER L; SHUFFLE BACK R, L, R; ROCK STEP L, RECOVER R; SHUFFLE FORWARD L, R, L**

1-2 Rock R forward, recover on left  
3&4 Shuffle back R, L, R  
5-6 Rock back on L, recover R  
7&8 Shuffle forward L, R, L

**[17-24] R SIDE ROCK, TRIPLE STEP; L SIDE ROCK, TRIPLE STEP**

1-2 Side rock right; recover left  
3&4 Triple step in place stepping right, left, right  
5-6 Side rock left; recover right  
7&8 Triple step in place stepping left, right, left

**[25-32] CROSS, POINT, CROSS, POINT; ¼ TURN JAZZ BOX**

1-2 Cross R over L (1), Point L to side (2) (12:00)  
3-4 Cross L over R (3), Point R to side (4)  
5-6 Cross R over L; Step back on L  
7-8 Step R ¼ turn to R, Step L next to R

**Contact:** [mrssno@email.com](mailto:mrssno@email.com) You could put in restarts but decided not to. Any demo video appreciated.  
**Thank you.**

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