

It's Ok I'm Ok

Compte: 32

Mur: 4

Niveau: Beginner / Improver

Chorégraphe: Vee Trias (INA) - September 2024

Musique: It's ok I'm ok - Tate McRae



Intro: 16c (Approximately 00:13)

1 Restart: On Wall 5 after 16c

S1. WALK FORWARD (R-L), FORWARD MAMBO, WALK BACKWARD (L-R), COASTER STEP

1-2 Step R forward - Step L forward
3&4 Rock R forward - Recover on L - Step L back
5-6 Step L back - Step R back
7&8 Step L back - Step R together - Step L forward

S2. TOE TOUCH, SAILOR STEP, TOE TOUCH, SAILOR STEP TURN ¼ LEFT

1-2 Touch R cross over L - Touch R to side
3&4 Cross R behind L - Step L to side - Step R to side
5-6 Touch L cross over R - Touch L to side
7&8 Turn ¼ left cross L behind R - Step R to side - Step L to side

S3. DIAGONAL LOCK SHUFFLE, JAZZBOX TURN ¼ RIGHT

1&2 Step R diagonal forward - Lock L behind R - Step R diagonal forward
3&4 Step L diagonal forward - Lock R behind L - Step L diagonal forward
5-6 Cross R over L - Turn ¼ right step L back - Step R to side - Step L forward

S4. KICK BALL TOUCH, JAZZBOX TURN ¼ RIGHT

1&2 Kick R forward - Step R together - Touch L to side
3&4 Kick L forward - Step L together - Touch R to side
5-8 Cross R over L - Turn ¼ right step L back - Step R to side - Step L forward

Have fun and happy dancing!
