

My Country Roads

Compte: 84

Mur: 2

Niveau: Phrased Low Intermediate

Chorégraphe: Bruno Penet (FR) - September 2024

Musique: Country Roads - Dyrebrant : (CD : Country Roads)



SEQUENCE : A – A – Tag 1 – B – Tag 2 – A – A – B – Tag 2 – A – A – B – Tag 2 – Stomp

PART A (32 counts)

SECT 1 : KICK, BRUSH, FLICK, SCUFF, DIAG STEP LOCK STEP FWD, STOMP UP

- 1-2 Kick right forward, brush right beside left
- 3-4 Flick right back, scuff right beside left
- 5-6 (diagonal right) Step right forward, cross left behind right
- 7-8 (diagonal right) Step right forward, stomp up right beside left

SECT 2 : KICK, BRUSH, FLICK, SCUFF, DIAG STEP LOCK STEP FWD, SCUFF

- 1-2 Kick left forward, brush left beside right
- 3-4 Flick left back, scuff left beside right
- 5-6 (diagonal left) Step left forward, cross right behind left
- 7-8 (diagonal left) Step left forward, scuff right beside left

SECT 3 : JAZZ BOX ending ¼ TURN R, ROCK FWD, ½ TURN R & STEP FWD, ROCK FWD, ¼ TURN L & STEP FWD, HOLD

- 1-2 Cross right over left, ¼ turn right & step left back (3 :00)
- 3-4 Step right to right side, step left forward
- 5-6 Rock right forward, recover weight on left
- 7-8 ½ turn right & step right forward, hold (9 :00)

SECT 4 : ROCK FWD, ¼ TURN L & STEP FWD, HOLD, ½ TURN L & TOE STRUT BACK, ½ TURN L & TOE STRUT FWD

- 1-2 Rock left forward, recover weight on right
- 3-4 ½ Turn left & step left forward, hold (6 :00)
- 5-6 ½ Turn left & step right toe back, drop right heel (12 :00)
- 7-8 ½ Turn left & step left toe forward, drop left heel (6 :00)

PART B (52 counts)

SECT 1 : KICK, HOOK, KICK, FLICK, STEP LOCK STEP FWD, STOMP UP

- 1-2 Kick right forward, hook left behind (& step right to right side)
- 3-4 Kick right forward (& step left beside right), flick left behind (& step right to right side)
- 5-6 Step left forward, cross right behind left
- 7-8 Step left forward, stomp up right beside left

SECT 2 : SCOOT BACK X2, ROCK BACK, REVERSE COASTER STEP, STOMP

- 1-2 Scoot back on left twice
- 3-4 Rock right back, recover weight on left
- 5-6 Step right forward, step left beside right (option on heels)
- 7-8 Step right back, stomp left beside right

SECT 3 : ¼ TURN L & STEP SIDE, STOMP UP, ¼ TURN L & STEP FWD, SCUFF, JUMPING JAZZ BOX

- 1-2 ¼ Turn left & step right to right side, stomp up left beside right (9 :00)
- 3-4 ¼ Turn left & step left forward, scuff right beside left (6 :00)
- 5-6 (Jumping) Cross right over left, recover weight on left
- 7-8 (Jumping) Step right to right side, cross left over right

SECT 4 : ROCK BACK, STOMP FWD (R & L), KICK, HOOK, KICK, FLICK

- 1-2 Rock right back, recover weight on left
- 3-4 Stomp right forward, stomp left forward
- 5-6 Kick right forward, hook left behind (& step right to right side)
- 7-8 Kick right forward (& step left beside right), flick left behind (& step right to right side)

SECT 5 : STEP LOCK STEP FWD, STOMP UP, SCOOT BACK X2, ROCK BACK

- 1-2 Step left forward, cross right behind left
- 3-4 Step left forward, stomp up right beside left
- 5-6 Scoot back on left twice
- 7-8 Rock right back, recover weight on left

SECT 6 : REVERSE COASTER STEP, STOMP, ¼ TURN L & STEP SIDE, STOMP UP, ¼ TURN L & STEP FWD, SCUFF

- 1-2 Step right forward, step left beside right (option on heels)
- 3-4 Step right back, stomp left beside right
- 5-6 ¼ Turn left & step right to right side, stomp up left beside right (3 :00)
- 7-8 ¼ Turn left & step left forward, scuff right beside left (12 :00)

SECT 7 : JUMPING JAZZ BOX

- 1-2 (Jumping) Cross right over left, recover weight on left
- 3-4 (Jumping) Step right to right side, cross left over right

TAG 1 (4 counts)**STOMP FWD, HOLD, STOMP BESIDE, STOMP**

- 1-2 Stomp right forward, hold
- 3-4 Stomp left beside right, hold

TAG 2 (16 counts)**SECT 5 : TOE STRUT TO R SIDE (R & L), LARGE STEP SIDE, ROCK BACK**

- 1-2 Step right toe to right side, drop right heel
- 3-4 Cross left toe over right, drop left heel
- 5-6 Step right to right side (Large step), slide left towards right
- 7-8 Rock left back, recover weight on right

SECT 6 : ¼ TURN R & TOE STRUT BACK, ½ TURN R & TOE STRUT FWD, ¼ TURN R & LARGE STEP SIDE, ROCK BACK

- 1-2 ¼ turn right & step left toe back, drop left heel (3 :00)
- 3-4 ½ turn right & step right toe forward, drop right heel (9 :00)
- 5-6 ¼ turn right & step left to left side (large step), slide right towards left (12 :00)
- 7-8 Rock right back, recover weight on left

FINAL Stomp right forward (diagonal right)

Workshop Saturday 14 September 2024

Club AMERICAN LIBERTY Nivelle (59230)

by Challenge Boy – CRAZY DANCERS OF COUNTRY MUSIC
