

# Use a Little Help

**COPPER**KNOB  
STEPSHEETS

**Compte:** 32

**Mur:** 4

**Niveau:** Absolute Beginner



**Chorégraphe:** Patti Nix (USA) - September 2024

**Musique:** Liquor Talkin' - Don Louis

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**Intro: 16 counts**

**[1-8] Vine Right, Vine Left (Optional rolling Vines), Turn 1/4 Left**

1-4 Step right, left behind, step right, touch left

5-8 Step left, right behind, step left, TURN 1/4 Left touch right

**[9-16] Heel, Toe Right, Triple step, Heel Toe Left, Triple step**

1-2, 3&4 Right Heel forward, toe back, Triple R, L, R

1-2, 3&4 Left Heel forward, toe back, Triple L, R, L

**[17-24] Walk forward, Mambo Step forward, Walk back, Coaster**

1-2 3&4 Walk forward R,L, Rock Right and step Left, Right

5-6 7&8 Walk back L, R, Coaster back on Left, L,R, L

**[25-32] Hip bumps**

1,2 3&4 Hip R, L, RLR

5,6 7&8 Hip L, R, LRL

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