

# I'm Going Down

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Nathalie Toupin (CAN) & Ashley Pelletier (CAN) - August 2024

Musique: Mayday - Casey Barnes



**INTRO: 16 counts**

**Restarts: 2**

**\*1st restart wall 2 facing 3 o'clock after 16 counts**

**\*2nd restart: wall 4 facing 6 o'clock after 16 counts**

**[1-8] CROSS, STEP, CROSS SHUFFLE, SIDE ROCK, CROSS, UNWIND ½ TURN**

1-2 Cross RF in front of left, LF to left,

3&4 Cross RF in front of left, LF to left, cross RF in front of left

5-6 Rock LF left, recover on right

7-8 Cross LF over right, unwind ½ turn to the right put weight on LF

**[9-16] STEP, KICK, STEP, HOOK, OUT, OUT, HOLD, HEEL BOUNCE (OR SWAY)**

1-2 RF fwd, Kick LF fwd

3-4 LF back, hook RF in front

&5-6 Step RF out to right, step LF out to left, hold

&7&8 Lift heels off the floor, lower heels down, lift heels off the floor, lower heels down shifting weight onto left

**(Optional) Sway Hips right to left shifting weight onto left**

**\*\*\*RESTART HERE on wall 2 facing 3'oclock\*\*\***

**\*\*\*RESTART HERE on wall 4 facing 6'oclock\*\*\***

**[17-24] SIDE, BEHIND, SIDE, HEEL, BALL, CROSS, HINGE ½ TURN, STOMP, KICK ¼ TURN**

1-2 RF right, cross LF behind right

&3&4 RF right, Left Heel fwd diagonal, recover ball of LF, cross RF in front of left

5-6 LF left, 1/2 hinge turn right by stepping to R with RF

7-8 Stomp LF next to right while going down, Kick ¼ turn left with LF while moving body up

**[25-32] ROCK BACK X2, ½ TURN 2X**

1-2 Rock LF back, recover on RF

&3-4 Ball of LF next to right, rock RF back, recover on left

5-6 Step RF fwd, pivot ½ turn L transferring weight onto L

7-8 Step RF fwd, pivot ½ turn L transferring weight onto L