

Pale Horse

Compte: 48

Mur: 2

Niveau: Improver

Chorégraphe: Ashley Pelletier (CAN) & Nathalie Toupin (CAN) - August 2024

Musique: Pale Horse - Robin Winther



INTRO: 24 counts

Restarts: 1

Tag/Restart: 1

***Restart: wall 2 facing 12 o'clock after 40 counts**

***Tag/Restart: wall 5 facing 6 o'clock after 16 counts**

[1-8] SHUFFLE SIDE, SHUFFLE ¼ TURN LEFT, CROSS ROCK, SIDE ROCK

1&2 Step RF to right, Step LF next to right, Step RF to right

3&4 Step LF to left while turn ¼ turn left, step RF next to left, step LF left

5-6 Cross RF over left, recover on left

7-8 Rock RF right, recover on left

[9-16] SAILOR STEP, SAILOR ¼ TURN RIGHT, HEEL, TOE, UNWIND ½ TURN RIGHT, STEP FWD

1&2 Step RF behind left, Step LF slightly to left, Step RF in place

3&4 Step LF behind right, Making ¼ turn right step RF in place, Step LF slightly forward

5-6 Right Heel fwd, RToe touch back,

7-8 Pivot ½ turn right and step on RF, Step LF fwd

TAG/RESTART HERE on wall 5 facing 6 o'clock**

[17-24] FWD 2X, SYNCOPATED ROCKING CHAIR, FWD 2X, PIVOT ¼ TURN LEFT

1-2 Step RF fwd, Step LF fwd

3&4& Rock RF fwd, recover on left, Rock RF back, recover on left

5-6 Step RF fwd, step LF fwd

7-8 Step RF fwd, Pivot ¼ turn left stepping fwd on LF

[25-32] FWD 2X, SYNCOPATED ROCKING CHAIR, FWD 2X, PIVOT ¼ TURN LEFT

1-2 Step RF fwd, Step LF fwd

3&4& Rock RF fwd, recover on left, Rock RF back, recover on left

5-6 Step RF fwd, step LF fwd

7-8 Step RF fwd, Step RF fwd, Pivot ½ turn left stepping fwd on LF

[33-40] CROSS ROCK, TRIPLE STEP, CROSS ROCK, TRIPLE ½ TURN LEFT

1-2 Rock RF crossed over left, recover on left

3&4 Step RF to right, Step LF next to right, Step RF to right

5-6 Rock LF crossed over left, recover on right

7&8 Step LF fwd while turning ¼ turn left, step RF next to left, Step LF fwd while turning ¼ turn left

******RESTART HERE wall 2 facing 12 o'clock after 40 counts*****

[41-48] CROSS, HOLD, OUT-OUT, STEP, JAZZBOX

1-2 Cross RF over left, Hold

&3-4 Step LF slightly out to left, Step RF slightly out to right, Step LF next to right

5-6 Cross RF over left, step LF back

7-8 Step RF to right, Step or Stomp down LF next to right

TAG: PIVOT ½ LEFT 2X

1-2 Step RF fwd, Pivot ½ turn left stepping fwd on LF

3-4

Step RF fwd, Pivot $\frac{1}{2}$ turn left stepping fwd on LF
