

Like a Beer Can

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Helaine Norman (USA) - September 2024

Musique: Beer Can in a Truck Bed - Old Dominion



INTRO: 24

No tags. Restarts: 3 easily heard

I. FORWARD, HOLD, BALL, STEP, SCUFF; STEP, TOUCH, HOP BACK X2

- 1,2&3,4 Step R forward to right diagonal (1), hold (2), step on L ball (3), step R forward, scuff L to left diagonal
- 5,6 Step L forward to left diagonal, touch R together
- &7 Hop R back, touch L together
- &8 Hop L back, touch R together

Optional styling for count &: Lock

II. ROCK, RECOVER, ¼ R-TURN SIDE, BEHIND, SIDE, FORWARD, KICK BALL CHANGE, PIVOT ½ L-TURN

- 1&2 Rock R forward, recover to L, step R to right side making ¼ turn right (3:00)
- 3&4 Step L behind R, step R to right side, step L slightly forward
- 5&6 Kick R forward, step on R ball, recover to L in place
- 7&8 Step R forward making ½ turn left, weight to L

III. CROSS, SIDE, SAILOR; CROSS, SIDE, SAILOR

- 1-2 Step R over L, step L to left side
- 3&4 Step R behind L, step L to left side, step R to right side
- 5-6 Step L over R, step R to right side
- 7&8 Step L behind R, step R to right side, step L to left side

IV. KICK BALL POINT, SAILOR ½ L-TURN; FORWARD MAMBO, BACK COASTER

- 1&2 Kick R forward, step on R ball, point L to left side
- 3&4 Step L behind R making ½ turn left (3:00), step R to right side, step L to left side
- 5&6 Rock R forward, recover to L, step R together
- 7&8 Step L back, step R together, step L forward

REPEAT

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RESTARTS:

During wall 2 after 8 counts facing 3:00

During wall 4 after 16 counts facing 3:00

During wall 5 after 24 counts facing 12:00