Au Nord Bar



Compte: 64 Mur: 1 Niveau: Phrased Intermediate Chorégraphe: Michel Doré (CAN) - September 2024 Musique: Au Nord Bar - Brittany Kennell, Francis Degrandpré, Vince Lemire, Phil G. Smith, Andie Therio, Fred Dionne & Guillaume Lafond Intro 2 x 8 counts Mise en page Michel Doré SEQUENCE A - TAG 1 - A - B - TAG 2 - A - B - TAG 2 - A - A - B - B - TAG 3 - B PART A: 32c [1 - 9] HEEL TOUCH - TOGETHER - HOOK - SHUFFLE - HEEL TOUCH - HITCH - CHASSÉ 1 - 2 - 3Touch right heel forward. Step back on RF. Hook crossing LF in front of RF. (Style: Salute by touching hat with right hand on count 3.) D D G 4 & 5 Shuffle forward with LF. Step together with RF. Step forward with LF. G D G 6 - 7 Touch right heel forward. Hitch right knee. D D 8 & 1 Chassé to the right with side step on RF. Step together with LF. Step to the right with RF. D G D [10 - 16] ROCK STEP - CHASSÉ - ROCK STEP - KICK 2 - 3 Rock step by stepping back on LF. Recover on RF. G D 4 & 5 Chassé to the left with side step with LF. Step together with RF. Left side step with LF. G D G 6 - 7 Rock step by stepping back with RF. Recover on LF. D G Kick forward with RF. D [17 - 25] JAZZ BOX 1/4 TURN - SHUFFLE - PIVOT 1/2 TURN - SHUFFLE 1/2 TURN 1 - 2 - 3 Jazz box by croissing RF in front of LF. Step back on LF. Step 1/4 turn right by stepping forward on RF. (3:00) D G D 4 & 5 Shuffle forward with step on LF. Step together with RF. Step forward on LF. G D G 6 - 7 Step forward on RF. Pivot 1/2 tour to the left with weight transfer on LF. D G Shuffle by stepping 1/4 turn to the left with RF. Step together with LF. Step back on RF with 8 & 1 1/4 turn to the left. (3:00) D G D [26 - 32] ROCK STEP - KICK BALL STEP - STEP - STEP 1/4 TURN - STOMP 2 - 3 Rock step by stepping back on LF. Recover on RF. G D 4 & 5 Kick ball touch by kicking LF forward. Step on ball of LF. Step forward on RF. G G D Step forward on LF. Step 1/4 turn to the left on RF.(12:00) G D 6 - 7 8 Stomp with LF next to RF. G PART B: 32c [1 - 8] JAZZ BOX - OUT OUT - HIP BUMP X 2 - HEEL SWITCHES 1-2-3-4 Jazz box by crossing RF in front of LF. Step back on LF. Side step to the right with RF. Step together with LF. (12:00) D G D G & 5 Jump out with RF and LF. D G 6 - 7 Hip bump to the left. Himp bump to the right. D D 8 & Touch left heel forward. Step together with LF. G G 19 - 161 HEEL SWITCHES - COASTER STEP - PIVOT 1/2 TURN - STOMP 1 & 2 & 3 Touch right heel forward. Step together with RF. Touch left heel forward. Step together with

Coaster step with step back on RF. Step together with LF. Step forward on RF. D G D

LF. Touch right heel forward. D D G G D

4 & 5

8 Stomp on LF next to RF. G [17 - 24] JAZZ BOX - OUT OUT - HIP BUMP X 2 - HEEL SWITCHES 1-2-3-4 Jazz box by crossing RF in front of LF. Step back on LF. Side step to the right with RF. Step together with LF. D G D G & 5 Jump out with RF and LF. D G 6 - 7 Hip bump to the left. Himp bump to the right. D D 8 & Touch left heel forward. Step together with LF. G G [25 - 32] HEEL SWITCHES - COASTER STEP - PIVOT 1/2 TURN - STOMP 1 & 2 & 3 Touch right heel forward. Step together with RF. Touch left heel forward. Step together with LF. Touch right heel forward. D D G G D 4 & 5 Coaster step with step back on RF. Step together with LF. Step forward on RF. D G D 6 - 7 Step forward on LF. Pivot 1/2 turn to the right with weight transfer on RF. (12:00) G D 8 Stomp on LF next to RF. G

Step forward on LF. Pivot 1/2 turn to the right with weight transfer on RF. (6:00) G D

TAG 1: ARM SWEEPS AND HEEL BOUNCES

6 - 7

- 1 2 3 4 Point right hand on a diagonal sweeping from left to right while boucing on both heels. (12:00) X X X X
- 5 6 7 8 Point left hand on a diagonal sweeping from right to left while bouncing on both heels ending with weight on LF. X X X X

TAG 2: ARM SWEEPS AND HEEL BOUNCES - SIDE STEP TOUCH + CLAPS X 4

- 1 2 3 4 Point right hand on a diagonal sweeping from left to right while bouncing on both heels. (12:00) X X X X
- 5 6 7 8 Point left hand on a diagonal sweeping from right to left while bouncing on both heels ending with weight on LF. X X X X
- 1 2 3 4 Side step to the right with RF. Touch LF next to RF and clap. Side step to the left with LF. Touch RD next to LF and clap. D G G D
- 5 6 7 8 Side step to the right with RF. Touch LF next to RF and clap. Side step to the left with LF. Touch RD next to LF and clap. D G G D

TAG 3: TAG 2 + ROCKING CHAIR

1 - 2 - 3 - 4 Do TAG 2 and add the following 4 counts: Rock step by stepping forward on RFt. Recover back on LF. Rock step by stepping forward on RFt. Recover back on LF. D G D G