

The Tulsa Shuffle

Compte: 48

Mur: 2

Niveau: Improver

Chorégraphe: Mark Paulino (USA) & Stephanie Dawn Tippe (USA) - September 2024

Musique: The Tulsa Shuffle - The Tractors



Dance starts ~00:41, right after he sings "2,3,4"

[1-8] SHUFFLE FORWARD, FORWARD ROCK RECOVER, SHUFFLE BACK, BACK ROCK, RECOVER

1&2 R steps forward, L steps besides R, R steps forward
3 4 L rocks forward, recover back onto R
5&6 L steps back, R steps besides L, L steps back
7 8 R rocks back, recover forward onto L

[9-16] ROCKING CHAIR, 1/8 TURN HIP SWAY RECOVER X2

1 2 R rocks forward, recover back onto L
3 4 R rocks back, recover forward onto L
5 6 1/8 turn left as you hip sway (or side rock) on R, recover on L
7 8 1/8 turn left as you hip sway (or side rock) on R, recover on L

[17-24] LINDY RIGHT, LINDY LEFT

1&2 R side step, L steps besides R, R side step
3 4 L cross rock behind R, recover back onto R
5&6 L side step, R steps besides L, L side step
7 8 R cross rock behind L, recover back onto L

[25-32] SHUFFLE BOX STEP ENDING WITH BACK CROSS ROCK RECOVER

1&2& R side step, L steps besides R, R side step, 1/4 left
3&4& L side step, R steps besides L, L side step, 1/4 turn left
5&6 R side step, L steps besides R, R side step
7 8 L cross rock behind R, recover back onto R

[33-40] 1/4 TURN, 1/4 TURN, CROSS SIDE SHUFFLE, SIDE ROCK RECOVER, BEHIND SIDE CROSS

1 2 1/4 turn right with L stepping back, 1/4 turn right with R side step
3&4 L cross step over R, R side set, L cross step over R
5 6 R side rock, recover onto L
7&8 R cross step behind L, L side step, R cross step over L

[41-48] MODIFIED MONTEREY 1/4 TURN, FORWARD KICK, COASTER STEP, HIP BUMP FORWARD, HIP BUMP BACK

1 2 L side point, 1/4 turn left with L stepping besides R
3 4 R side point, R kick forward
5&6 R step back, L steps besides R, R steps forward (Keep weight in between front/back foot)
7 8 Rock hips forward, rock hips back

Ending: 8th wall, end the dance on the 32nd count facing the 12:00 (front) wall while tipping your hat down as you cross toe touch L behind R

Last Update: 5 Sep 2024