

Cuma Sekali

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Retno Ernawati (INA) - September 2024

Musique: Hidup Cuma Sekali - TOFU



* Restart after 16 count on wall 3

Start on vocal

Section 1 TOUCH HIP BUMP UP DOWN, BEHIND SIDE CROSS RL

- 1&2 Touch RF R diagonal forward & Bump R Hip Up, Bump R Hip down, Bump R Hip Up
- 3&4 Cross RF behind LF, step LF to L, cross RF over LF
- 5&6 Toch LF L diagonal forward & Bump L Hip Up, Bump L Hip down, Bimp L hip Up
- 7&8 Cross LF behind RF, step RF to R, Cross , Cross LF over RF

Section 2 CHARLESTON, SHUFFLE FORWARD 2x

- 1 - 2 Sweep & Touch RF forward, Sweep & Step RF backward
- 3 - 4 Sweep & Touch LF backward , Sweep & step LF forward
- 5 & 6 Step RF forward, Step LF next to RF, Step RF forward
- 7 & 8 Step LF forward, Step RF next to LF, Step LF forward

*Restart here on wall 3

Section 3 TRAVELLING VOLTA RL

- &1&2 Hitch RF Cross RF over LF, step LF to L, cross RF over LF
- &3&4 step LF to L, cross RF over LF, step LF to L, cross RF over LF
- &5&6& Hitch LF Cross LF over RF, step RF to R, cross LF over RF
- &7&8 step RF to R, cross LF over RF, step RF to R, cross LF over RF

Section 4 FORWARD MAMBO , BACK MAMBO, PADDLE TURN 1/8L 2x

- 1 & 2 Rock RF forward, recover onto LF, step RF backward
- 3 & 4 Rock LF backward, recover onto RF, step LF forward
- 5 - 6 Step RF to R , Turn 1/8 L
- 7 - 8 Step RF to R, Turn 1/8 L

Finish enjoy, happy dancing
