

Please Have Good Grip

Compte: 48

Mur: 4

Niveau: Improver

Chorégraphe: Daniel Exton (UK) - July 2024

Musique: Please Don't Let Me Go - Olly Murs



Intro: 16 Counts. Start at approx 11 secs.

SEC 1 WALK, WALK, SHUFFLE, STEP, ¼ PIVOT, WEAVE

- 1-2 Walk forward Right, Walk forward Left
- 3&4 Step forward on Left foot, Right next to Left, Step forward on Left foot
- 5-6 Step forward on Left foot, ¼ turn Right (3:00)
- 7&8& Left cross over Right, Right to Right side, Left behind Right, Right to Right side

SEC 2 CROSS ROCK, SIDE ROCK, SAILOR, SAILOR ¼

- 1-2 Cross Rock Left over Right, Recover onto Right
- 3-4 Rock Left to Left side, Recover onto Right
- 5&6 Left behind Right, Right to Right side, Left to Left side
- 7&8 Right behind Left with ¼ turn Right, Left to Left side, Right to Right side (6:00)

SEC 3 HEEL STRUT X2, ROCK, TOE STRUT BACK X2, BACK ROCK

- 1&2& Left heel forward, Left foot down, Right heel forward, Right foot down
- 3-4 Rock forward on Left foot, Recover onto Right
- 5&6& Left toes back, Left foot down, Right toes back, Right toes down
- 7-8 Rock back on Left foot, Recover onto Right

SEC 4 CROSS, POINT, CROSS, POINT, JAZZBOX ¼

- 1-2 Cross Left over Right, Point Right to Right side
- 3-4 Cross Right over Left, Point Left to Left side
- 5-6 Cross Left over Right, Back on Right foot
- 7-8 Left to Left side with ¼ turn Left, Right next to Left (Weight on L) (3:00)

Restart Here on Wall 5, Dance the Tag then Restart

SEC 5 BOX FORWARD, BOX BACK, VINE CROSS

- 1&2 Right to Right side, Left next to Right, Right foot forward
- 3&4 Left to Left side, Right next to Left, Left foot back
- 5-6 Right to Right side, Left behind Right
- 7-8 Right to Right side, Left cross over Right

SEC 6 BOX FORWARD, BOX BACK, MONTERREY ¼

- 1&2 Right to Right side, Left next to Right, Right foot forward
- 3&4 Left to Left side, Right next to Left, Left foot back
- 5-6 Point Right to Right side, ¼ turn Right as you bring Right next to Left (6:00)
- 7-8 Point Left to Left side, Left next to Right (Weight on L)

Tag At End of Wall 2 and after 32 counts of Wall 5

ROCKING CHAIR

- 1-2 Rock forward on Right foot, Recover onto Left
 - 3-4 Rock Back on Right foot, Recover onto Left
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