

Better Lovely Day

COPPER **KNOB**
BY STEPHANIE

Compte: 32

Mur: 4

Niveau: Absolute Beginner



Chorégraphe: Sue Korek (USA) - 26 August 2024

Musique: Better - Khalid

ou: Lovely Day - Bill Withers

Introduction: 20 secs on lyrics
no tags or restarts

Begin with weight on left foot (L).

SECTION 1 (STEP SCUFFS, ROCKING CHAIR)

- 1-2 Step R forward, scuff L
- 3-4 Step L forward, scuff R
- 5-6 Rock R forward, recover on L
- 7-8 Rock R backward, recover on L

SECTION 2 (TWO V-STEPS)

- 1-2 Step R diagonally right, step L diagonally left
- 3-4 Step R right back, step L back
- 5-8 Step R diagonally right, step L diagonally left
- 7-8 Step R right back, step L back

SECTION 3 (K-STEP WITH CLAPS)

- 1-2 Step R diagonally forward, touch L beside R
- 3-4 Step L diagonally backward, touch R beside L
- 5-6 Step R diagonally backward, touch L beside R
- 7-8 Step L diagonally forward, touch R beside L

SECTION 4 (VINE RIGHT, VINE LEFT ¼ TURN)

- 1-2 Step R to right side, step L behind R,
- 3-4 Step R to right side, touch L beside R
- 5-6 Step L to left side, step R behind L
- 7-8 Turn ¼ step L, touch R beside L

Enjoy this 98 bpm introductory dance to practice AB steps.

Please consider creating a TEACH or DEMO video.

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