

Pour Me One

Compte: 34

Mur: 2

Niveau: Improver

Chorégraphe: Jen Michele (USA) - August 2024

Musique: Pour Me A Drink (feat. Blake Shelton) - Post Malone



****2 restarts: walls 5 and 9**

Section 1 - Step forward, hold, ball, step, touch, back, back, coaster step

1-2& step right foot forward, hold for count 2, step on ball of left foot (next to right) 12:00

3-4 step right foot forward, touch left toe next to right 12:00

5-6 walk back left, right 12:00

7&8 left coaster step (step left foot back, right foot next to left, step left foot forward) 12:00

****RESTART HERE ON WALL 5****

Section 2 - Step forward, ½ pivot, shuffle forward, side step, hold, sway right, sway left

1-2 step right foot forward, make a ½ turn left (end up where your booty was) on balls of feet with weight ending of the left 6:00

3&4 shuffle forward – right, left, right

****for my twisty turny people you can do a triple full turn going left as you step right, left,**

right**

5- hold 6 step left foot to side (with space from right, hold for count 6 6:00

7-8 sway your hips right, then left (weight ending on left) 6:00

Section 3 - Side, behind, side, flick behind. Side, behind, side, flick, behind.

1-2 step right foot to side, left foot behind the right 6:00

3-4 step right foot to side, flick the left foot behind the right 6:00

5-6 step left foot to the side, right foot behind the left 6:00

7-8 step left foot to the side, flick the right foot behind the left 6:00

Section 4 - Side, touch, side, hold. Toe and heel, and toe and heel and

1-2 step right foot to the side, touch left toe next to the right 6:00

3-4 step left foot to the side, hold for count 4 6:00

****RESTART HERE ON WALL 9****

5&6& touch right toe next to the left, then step on right, left heel forward, then step on left 6:00

7&8& touch right toe next to the left, then step on right, left heel forward, then step on left 6:00

Enjoy!!!

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Last Update: 26 Aug 2024