

Yong Bao Ni Li Qu (拥抱你离去) (P)

COPPER KNOB
STEPSHEETS

Compte: 64

Mur: 4

Niveau: Beginner Partner

Chorégraphe: Mei Xiang (MY) - August 2024

Musique: Yong Bao Ni Li Qu (拥抱你离去) (DJ何鹏版) - Zhang Bei Bei (张北北)



Embrace Position

The man facing (3.00 o'clock) and lady facing (9.00 o'clock).

MAN'S STEPS

Section 1 (Rumba Box , Side-close together, Fwd Hold, Side-close together, Back Hold)

1 2 3 4 Step Lf to L, closed Rf to Lf , Step Lf Forward, Hold

5 6 7 8 Step Rf to R, closed Lf to Rf , Step Rf Back, Hold

Section 2 (Walk Fwd L-R-L hold, Walk Back R-L-R, hold)

1 2 3 4 Walk Forward Lf, Rf, Lf hold

5 6 7 8 Walk back Rf, Lf, Rf, Hold

Section 3 (Side together side hold (Left and Right)

1 2 3 4 Step Lf to L Side, Close Rf to Lf, Step Lf to side, Hold

5 6 7 8 Step Rf to R Side, Close Lf to Rf, Step Rf to side, Hold

Section 4 (¼ Turn L, Side together Fwd Hold, In place R-L-R Hold)

1 2 3 4 ¼ Turn L, Step Lf to Side , (12.00) close Rf to Lf, Step Lf Forward Hold (Release right hand)

5 6 7 8 Step Rf beside LF, in place R-L- R , Hold

Section 5 (Rumba Box)

1 2 3 4 Step left on Lf – Step Rf next to Lf Step Lf forward - hold

5 6 7 8 Step Rf to right – Step Lf next to Rf , Step Rf back - hold

Section 6 (Back Rock, Step Fwd, Scuff, Step Lock Step, Scuff)

1 2 3 4 Rock Lf back – recover to right, (On count 2, man release his right hand and raise left hand)

Step Lf forward – scuff right

5-6-7- 8 Step Rf forward – lock Lf behind right – Rf step forward, scuff left

Section 7 (Rock Step, ½ Turn, Scuff, Toe Strut, ¼ Turn and Toe Strut)

1 2 3 4 Rock Lf forward – recover on right, ½ turn left and step Lf forward – scuff right (holding lady's left hand with your right hand)

5 6 7 8 Touch Rf forward – lower right heel, ¼ turn right facing each other and point Lf on place – lower left heel (touching left hand with lady's right hand)

Section 8 (¼ Turn and Toe Struts, Step on place)

1 2 3 4 ¼ turn left and touch Rf point forward – lower right heel , ¼ turn right and touch Lf point on place – lower left heel ((touching left hand with lady's right hand)

5-6-7 8 R-L-R on place, hold (raise right hand)

Take the closed position to restart the dance at 9.00 o'clock

WOMAN'S STEPS

Section 1 (Rumba Box , Side-close together, Back Hold, Side-close together, Fwd Hold)

1 2 3 4 Step Rf to R, closed Lf to Rf , Step Rf Back, Hold

5 6 7 8 Step Lf to L, closed Rf to Lf , Step Lf Forward, Hold

Section 2 (Walk Back R-L-R, hold, Walk Fwd L-R-L hold,)

1 2 3 4 Walk back Rf, Lf, Rf, Hold

5 6 7 8 Walk Forward Lf, Rf, Lf hold

Section 3 (Side together side hold (Right and left)

1 2 3 4 Step Rf to R Side, Close Lf to Rf, Step Rf to side, Hold

5 6 7 8 Step Lf to L Side, Close Rf to Lf, Step Lf to side, Hold

Section 4 (¼ Turn R, Side together Back Hold, Under Arm Turn, Hold)

1 2 3 4 ¼Turn R, Step Rf to Side , (6.00) close Lf to Rf, Step Rf back Hold

5 6 7 8 ¼ Turn R, Cross Step Lf Forward (9.00) (release left hand) pivot ½ Turn R (3.00), ¼ R Step R to Side (6.00) , Hold

Section 5 (Rumba Box)

1 2 3 4 Step Rf to right – Step Lf next to Rf, Step Rf back – hold

5 6 7 8 Step Lf to left – Step Rf next to Lf , Step Lf forward - hold

Section 6 (Rock Step, ½ Turn Step Fwd, Scuff , Step Lock Step, Scuff

1 2 3 4 Rock Rf forward – recover on left, (On count 2, lady release her left hand and pass under man's left arm. She is now on the left side from him) ½ turn right, Step right forward – scuff left

5 6 7 8 Step Lf forward – lock Rf behind left – step Lf forward, Scuff

Section 7 (Rock Step, ½ Turn, Scuff , Toe Strut, ½ Turn and Toe Strut)

1 2 3 4 Rock Rf forward – recover on left, ½ turn right and Rf step forward – scuff left (holding now man's right hand with your left hand)

5 6 7 8. Touch left forward – lower left heel, ¼ turn left facing each other and point right on place – lower right heel (touching right hand with man's left hand)

Section 8 (¼ Turn and Turn Struts, ¼ Turn and Step Turn)

1 2 3 4 ¼ turn right and touch left point forward – lower left heel, ¼ turn left and touch right point on place – lower right heel (touching right hand with man's left hand)

5 6 7 8 ¼ turn right and Lf Cross step forward – ½ turn right (weight on right foot), ¼ turn right (face to the man) and left step on left – hold

Take the closed position to Restart the dance at 3.00 o'clock

Hand Movement, please refer to the demo video.

Last Update: 3 Apr 2025
