

Lonely Road

Compte: 32

Mur: 2

Niveau: Improver



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Musique: Lonely Road - mgk & Jelly Roll

Intro: 16 cts – 0:11 start on the lyrics 'I'ma go downtown'.

S1. R Dorothy Step, Weave, Cross Rock, Recover, And, Cross Rock, Recover

- 1-2& RF step diagonal forward R, LF lock behind RF, RF step diagonal forward R
- 3-4& LF step L, RF step behind LF, LF step L
- 5-6& RF cross rock over LF, LF recover, RF step R
- 7-8 LF cross rock over RF, RF recover

S2. Ball Step ¼ Turn L, Vaudeville, Cross, Back, Ball Crossing Shuffle

- &1-2 Ball of LF step next to RF, RF step forward, 14/ turn L LF step L (9:00)
- 3&4& RF cross over LF, LF step L slightly back, Touch R heel forward diagonal R, RF step back
- 5-6 LF cross over RF, RF step back
- &7&8 Ball of LF step back, RF cross over LF, LF step L, RF cross over LF

S3. Heel Grind ¼ L, Coaster Step, Step ½ Turn L, ½ Turn L and R Shuffle Back

- 1-2 Touch L heel F forward making ¼ turn L, Recover RF (6:00)
- 3&4 LF step back, RF step next to LF, LF step forward
- 5-6 RF step forward, ½ turn L (12:00)
- 7&8 ¼ turn L RF step R, LF step next to RF, ¼ turn L RF step back (6:00)

S4. Coaster Step, Walk Forward, Heel And Touch And, Heel Switches

- 1&2 LF step back, RF step next to LF, LF step forward
- 3-4 RF step forward, LF step forward
- 5& R heel touch forward, RF step next to LF
- 6& LF touch behind RF, LF step back
- 7& R heel touch forward, RF step next to LF
- 8& L heel touch forward, LF step next to RF