

Positive Vibes

Compte: 64

Mur: 4

Niveau: Improver

Chorégraphe: Shellie Stone (USA) & Kate Bolio (USA) - July 2024

Musique: A Little Boogie Woogie - Foster Martin Band



No Tags or Restarts!!

[1-8] Step, Lock, Step, Scuff (x2)

1,2,3,4 Step R diagonally fwd (1), Lock L behind R (2), Step R diagonally fwd (3), Scuff L (4)
5,6,7,8 Step L diagonally fwd (5), Lock R behind L (6), Step L diagonally fwd (7), Scuff R (8)

[9-16] Rocking Chair, ¼ Pivot, Cross, Hold

1,2,3,4 Rock fwd onto R (1), Recover weight onto L (2), Rock back onto R (3), Recover weight onto L (4)
5,6,7,8 Step R fwd (5), Turn ¼ over left shoulder (6), Cross R over L (7), Hold (8)

[17-24] Step, Knee Slap, Step, Touch (x2)

1,2,3,4 Step L to left (1), Hitch R fwd with knee slap (2), Step R to right (3), Touch L behind R (4)
5,6,7,8 Step L to left (5), Hitch R fwd with knee slap (6), Step R to right (7), Touch L behind R (8)

[25-32] Coaster Step, Walk R,L,R,L

1,2,3,4 Step L back (1), Step R next to L (2), Step L fwd (3), Hold (4)
5,6,7,8 Walk fwd 4 times R L R L (5, 6, 7, 8)

***styling on walks can be a scooch forward without lifting the foot**

[33-40] Rock Recover Fwd, Rock Recover Back

1,2,3,4 Rock fwd onto R (1), Recover weight onto L (2), Step R back (3), Hold (4)
5,6,7,8 Rock back onto L (5), Recover weight onto R (6), Step L fwd (7), Hold (8)

[41-48] Side Rock, Cross, ¾ Turn R

1,2,3,4 Rock right onto R (1), Recover weight onto L (2), Cross R over L (3), Hold (4)
5,6,7,8 Step L to left with ¼ turn right (5), Step R back with ¼ turn right (6), Step L fwd with ¼ turn right (7), Hold (8)

[49-56] Shuffle Fwd, Half Pivot, Stomp, Hold

1,2,3,4 Step R fwd (1), Step L next to R (2), Step R fwd (3), Hold (4)
5,6,7,8 Step L fwd (5), Turn ½ over R shoulder (6), Stomp L fwd (7), Hold (8)

[57-64] ¼ Turn R Weave

1,2,3,4 Turn ¼ over left shoulder and step R to right (1), Cross L behind R (2), Step R to right (3), Cross L in front of R (4)
5,6,7,8 Step R to right (5), Cross L behind R (6), Step R to right (7), Cross L in front of R (8)

When danced to Feel Like Hell Today, 16 count Tag at end of wall 1 and Restart 32 counts into Wall 3 facing 3:00

Tag [1-8] 1/4 Turning Jazzbox x2

1,2,3,4 Cross R over L (1), Step L back (2), Step R to right (3), Step L fwd (4)
5,6,7,8 Cross R over L (5), Step L back (6), Step R to right (7), Step L fwd (8)

Tag [9-16] Step, Knee Slap, Step, Cross (x2)

1,2,3,4 Step R to right (1), Hitch L fwd with knee slap (2), Step L to left (3), Touch R behind L (4)
5,6,7,8 Step R to right (5), Hitch L fwd with knee slap (6), Step L to left (7), Touch R behind L (8)

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