

# Born to Be Alive

**COPPER** **KNOB**  
BY STEPHENETS

**Compte:** 40

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Annie Saerens (BEL) - July 2024

**Musique:** Born to Be Alive - Patrick Hernandez



**Intro :32 COUNTS**

## **FORWARD, FORWARD, ROCK STEP, BACK, BACK, BACK, BACK**

1-2-3-4 Step R forward, Step L forward, Rock R forward, Recover onto L

5-6-7-8 Back steps (R/L/R/L)

## **STEP, HOLD, TOGETHER, STEP, TOUCH, STEP, HOLD, TOGETHER, STEP, TOUCH**

1-2&3-4 Step R to side, Hold, Step L next to R, Step R to side, Touch L next to R

5-6&7-8 Step L to side, Hold, Step R next to L, Step L to side, Touch R next to L

## **ROCKING CHAIR, HEEL GRIND ¼, BACK ROCK**

1-2-3-4 Rock R forward, Recover onto L, Rock R back, Recover onto L

5-6-7-8 Touch R heel forward, Turn ¼ R and step L back, Rock R back, Recover onto L

## **K STEP**

1-2-3-4 Step R diagonal forward, Touch L next, Step L diagonal back, Touch R next to L

5-6-7-8 Step R diagonal back, Touch L next, Step L diagonal forward, Touch R next to L

## **LINDY STEP, VINE, TOUCH**

1&2-3-4 Step R to side, Together with L, Step R to side, Rock L back, Recover onto R

5-6-7-8 Step L to side, Cross R behind L, Step L to side, Touch R next to L.

**RESTART AFTER 16 COUNTS ON WALL 2**

**HAVE FUN!**

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