Austin in My Heart

Niveau: Beginner - Polka

Chorégraphe: Juan Aranda (ES) - July 2024

Musique: Austin - Dasha

Compte: 32

[1-8]: DIAGONAL SHUFFLE RIGHT, DIAGONAL SHUFFLE LEFT, JUMPING POLKA JAZZBOX RF

- 1&2 Step RF to the right diagonal, step LF behind RF, step RF FW (1:30)
- 3&4 Step LF to the left diagonal, step RF behind LF, step LF FW (11:30)
- Jump up RF like a hitch, cross RF in front of LF, softly jump with LF and Step back behind &5&6&7&8 RF, hitch RF to uncross and step side to the right, softly jump with LF and step LF FW. Square with wall (12:00)

[9-16]: RF ROCK FW, RECOVER, ½ TURN SHUFFLE RIGHT, JUMPING POLKA JAZZBOX LF

- Rock step RF FW, Recover weight on LF 1-2
- 3&4 1/4 Turn step RF to right, LF step together RF, 1/4 Turn step RF to right (6:00)
- Jump up LF like a hitch, cross LF in front of RF, softly jump with RF and Step back behind &5&6&7&8 LF, hitch LF to uncross and step side to the left, softly jump with RF and cross RF in front of LF

[17-24]: VOLTA TURN LEFT, VOLTA TURN RIGHT

- 1&2&3&4 Starting a circular track step LF to L, step RF behind LF X4 times till you face 6:00 again.
- Change direction and start a circular track step RF to R, step LF behind RF X4 times till you 5&6&7&8 face 6:00 again.

[25-32]: CROSS ROCK LF, RECOVER, ¼ SHUFFLE LEFT, FULL TURN, STOMP RF, STOMP LF

- Cross LF over RF, recover weight on RF 1-2
- 3&4 ¹/₄ step turn LF to the left, step RF behind LF, step LF FW (3:00)
- 5-6 1/2 Step turn RF back (9:00), 1/2 turn Step RF forward (3:00)
- 7-8 Stomp RF, Stomp LF (3:00)

START AGAIN

NO RESTART, NO TAG

JUST ENJOY!!





Mur: 4