

The Lion Dance AB

Compte: 32

Mur: 4

Niveau: Absolute Beginner



Chorégraphe: Shanthie De Mel (AUS) - July 2024

Musique: The Lion Sleeps Tonight - The Tokens

Intro: Begin dance from the words "A-Wim-O-Weh". No Tags or Restarts.

Right Rotation. Do your own styling with a swinging motion of hips.

NOTE. The music ends after the 10th rotation facing 6:00. To finish dance facing 12:00, at the last rotation, do counts 29-32 swaying hips at 12:00 instead of the ¾ paddles.

(1-8) TOE STRUT FORWARD x4.

- 1, 2 Step forward on R toe. Step R heel down.
- 3, 4 Step forward on L toe. Step L heel down.
- 5, 6 Step forward on R toe. Step R heel down.
- 7, 8 Step forward on L toe. Step L heel down. (12:00)

(9-16) VINE RIGHT WITH SCUFF. ROCKING CHAIR.

- 1, 2 Step R to right side. Cross L behind R.
- 3, 4 Step R to right side. Scuff L
- 5, 6 Rock L forward. Recover R in place.
- 7, 8 Rock L back. Recover R in place. (12:00)

(17-24) VINE LEFT WITH SCUFF. ROCKING CHAIR.

- 1, 2 Step L to left side. Cross R behind L.
- 3, 4 Step L to left side. Scuff R.
- 5, 6 Rock R forward. Recover L in place.
- 7, 8 Rock R back. Recover L in place. (12:00)

(25-32) 3 PADDLES TURNING 3/4 LEFT WITH HIP SWAYS.

- 1, 2 Step R forward with hip sway. Turn 1/4 left on L. (9:00).
- 3, 4 Step R forward with hip sway. Turn 1/4 left on L. (6:00).
- 5, 6 Step R forward with hip sway. Turn 1/4 left on L. (3:00).
- 7, 8 Sway to right side in place. Sway to left side in place. (3:00)

Optional: On paddles with hip sway, swing right arm above lariat style.

Begin rotation again. Happy dancing!