

Oh Lala

Compte: 48

Mur: 1

Niveau: Phrased High Beginner



Chorégraphe: Indrawati Damanik (INA) - July 2024

Musique: Oh La La (Adrian Funk X OLIX Remix) - Lidia Buble & Fly Project

Intro 16 counts – 1 Tag (4 counts)

Sequence : AA BB C A BB CC Tag BBBB

PART A : 16 COUNTS

SEC 1 : SIDE, TOGETHER, CROSS, SIDE, SHUFFLE R – L, TURN 1/4 L

- 1 – 2 step RF to R, step LF beside RF
- 3 – 4 step RF cross over LF, step LF to L
- 5 & 6 step RF to R, step LF beside RF, step RF to R
- 7 & 8 step LF to L, step RF beside LF, turn 1/4 L step LF fwd

SEC 2 : TURN 1/4 L, SHUFFLE R – L, CROSS TOUCH, HOLD, TURN 1/2 L, HOLD

- 1 & 2 turn 1/4 L, step RF to R, step LF beside RF, step RF to R
- 3 & 4 step LF to L, step RF beside LF, step LF to L
- 5 – 6 cross touch RF over LF, hold
- 7 – 8 turn 1/2 L weigh on LF, hold

PART B : 16 COUNTS

SEC 1 : HEEL TOUCH, TOGETHER, HEEL TOUCH, TOGETHER, HEEL TOUCH, HITCH, HEEL TOUCH, TOGETHER (R - L)

- 1& - 2& heel touch RF fwd, step RF beside LF, heel touch LF fwd, step LF beside RF
- 3& - 4& heel touch RF fwd, hitch RF, heel touch RF fwd, step RF beside LF
- 5& - 6& heel touch LF fwd, step LF beside RF, heel touch RF fwd, step RF beside LF
- 7& - 8& heel touch LF fwd, hitch LF, heel touch LF fwd, step LF beside RF

SEC 2 : MAMBO R – L, PADDLE TURN 4X

- 1 & 2 rock RF to R, recover on LF, step RF beside LF
- 3 & 4 rock LF to L, recover on RF, step LF beside RF
- 5 & step RF fwd on ball, turn 1/4 L weight on LF
- 6 & Repeat
- 7 & Repeat
- 8 & Repeat

PART C : 16 COUNTS

SEC 1 : CROSS, TOUCH SIDE (R – L), CROSS BEHIND, TOUCH SIDE (R – L)

- 1 – 2 step RF cross over LF, touch LF to L
- 3 – 4 step LF cross over RF, touch RF to R
- 5 – 6 cross RF behind LF, touch LF to L
- 7 – 8 cross LF behind RF, touch RF to R

SEC 2 : JAZZ BOX 2X

- 1 – 2 cross RF over LF, step LF back
- 3 – 4 step RF to R, step LF fwd
- 5 – 6 cross RF over LF, step LF back
- 7 – 8 step RF to R, step LF fwd

TAG : 4 COUNTS

- 1 – 4 step RF to R while swing and raise both arms

Happy dancing...

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