

# Teddy, Lose Control!

**COPPER** **KNOB**  
BY STEPHANETS

**Compte:** 16

**Mur:** 4

**Niveau:** Newcomer / Improver - Novelty



**Chorégraphe:** Sarah Fröhlich (DE) - June 2024

**Musique:** Lose Control - Teddy Swims

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**Motion:** novelty (12/8 timing)

**Start the dance after 16 counts approx. 0:17 into the song.**

**[1-8] Back rock, sweep, cross, side, side with spiral turn 2x, side rock**

- 1,2 RF step back, recover weight on LF with RF sweep from back to front
- 3 RF cross over LF
- 4 LF step left
- 5&a RF step right, LF cross over RF, full turn right ending weight on LF
- 6&a RF step right, LF cross over RF, full turn right ending weight on LF
- 7, 8 RF step right, recover weight on LF

**[9-16] Side, back rock, side, heel grind, side, behind, side rock, behind, side rock with ¼ turn, back, lockstep backward**

- 1 RF step to the side
- 2,3 LF step backward, recover weight RF
- 4 LF step to the side
- 5&a RF heel grind, LF side, RF behind
- 6&a LF step to the side, recover weight on RF, LF behind
- 7&a RF step to the side, recover weight on LF with ¼ turn right, RF step back
- 8&a LF step back, RF lock in front of LF, LF step back

**Have fun, be happy and lose control!**

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