

A Nossa Danca (Letra)

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Novi3NLD (INA) & Titi Kasese (INA) - June 2024

Musique: A Nossa Dança - Calema



*TAG 1 & 2 AFTER WALL 1 & 4, 4 COUNT

V STEP

1-2-3-4. R forward side, L forward side, R back, L back close R

**TAG 3 AFTER WALL 6, 32 COUNT

S1. RUMBA BOX FORWARD, RUMBA BACK

1-2-3 R side, L side close R, R forward, hold

5-6-7 L side, R side close L, L back, hold

S2. ROCK BACK, RECOVER, PIVOT 1/2 TWICE, ROCK FORWARD

1-2-3-4. R back, Recover on L, 1/2 turn to left (Face to 06:00),

5-6-7-8. R forward, 1/2 to left (face to 12:00), R forward, hold

S3. ROCK SIDE, HOLD, CHASSE R/L

1 hold 2-3-4, R side to right side, hold, R side, L close R, R side to right side

5 hold 6-7-8. L to left side, R side close L, L side to left

S4. CROSS FORWARD, RECOVER, HOLD, CROSS FORWARD, RECOVER, SWAY

1-2-3 hold 4 R cross over L, Recover on L, R side to right side, hold

5-6-7-8. L cross over R, recover on R, L side to left side sway, sway

***RESTART ON WALL 3, AFTER 28 COUNT

****MAIN DANCE

S1. MAMBO FORWARD, MAMBO BACK, MAMBO SIDE (R/L)

1&2-3&4. Step R forward, recover on L, Step R close beside L, Step L back, recover on R, Step L close beside R

5&6-7&8. Step R to right side, recover on L, Step R close beside L, Step L to left side, recover on R, Step L close beside R

S2. CROSS SHUFLE, 1/2 TURN CROSS SHUFLE, CROSS SHUFLE, 1/2 TURN CROSS SHUFFLE

1&2-3&4. Step R cross over L, L ball in place, R cross over L, Turn 1/2 to left (weight on R) L cross over R, R ball in place, L cross over R (face to 06:00)

5&6-7&8. Step R over L, L ball in place, R over L, Turn 1/2 to left (weight on R) L cross over R, R ball in place, L cross over R (face to 12:00)

S3. SAMBA WHISK, TURN 1/4 SAMBA WHISK, PADDLE 1/4 TWICE

1a2 - 3a4. Step R to right side, Ball Cross L Behind R, Recover On R, turn 1/4 to left

5&6-7&8. Step L to left side, Ball Cross R Behind L, Recover On L (face to 09:00)

S4. BOTAFOGO R/L, PIVOT 1/2, WALK FORWARD

1&2 - 3&4. Cross R Over L, Ball Step L in place, Recover On R Cross L Over R, Ball Step R in place, Recover On L

5-6-7-8. Step R forward, 1/2 turn to left, Step R forward, Step L forward (with Shimmy).

LET'S DANCE AND BE HAPPY □□□□□□□□□□

Last Update: 4 Jun 2024

