Rave and Poetry



Compte: 144 Mur: 4 Niveau: Phrased Advanced

Chorégraphe: Sven Köhlen (DE) - May 2024

Musique: Nessaja - Scooter



Sequence: A,B,C,D,Tag1,D,D,Tag2,A,B,C,D,D,D,D,B

Part A: 4x8 Counts

Section 1: Shuffle diagonally forward, 3-Step Box

1-2 Step R. diagonally to R, lock L behind R

3-4 Step R. diagonally to R

5-6 Cross L in front of R, Step R back

7-8 Step L to Side

Section 2: Cross Shuffle, Side rock, behind

1-2 Cross R in front of R, step L to side

3-4 Cross R in front of R

5-6 Rock L to side, Recover on R

7-8 Step L behind R

Section 3: Shuffle diagonally forward, spot turn (1/2 turn r), step forward

1-2 Step R. diagonally to R, lock L behind R

3-4 Step R. diagonally to R

5-6 Step L forward, turn ½ to the right, Recover on R

7-8 Step L forward

Section 4: Shuffle diagonally forward, cross rock, side

1-2 Step R. diagonally to R, lock L behind R

3-4 Step R. diagonally to R

5-6 rock L across R, Recover on R

7-8 step L to side

Part B: 6x8 Counts

Section 1: Shuffle forward, Mambo step

1-2 Step r forward, lock L behind R

3-4 Step r forward

5-6 Rock L forward, Recover on R

7-8 Step L back

Section 2: Shuffle backward, Rock step, walk

1-2 Step R back, lock L in front of R

3-4 Step R back

5-6 Rock L back, Recover on R

7-8 Step L forward

Section 3: Spot turn, (1/2 turn L); forward walk turning (1/2 L) with sweep; Coaster Step

1-2 Rock R forward turning ½ L, put weight back on L
3-4 Walk R forward, turn ½ L, sweep L from front to back

5-6 Step L back, close R to L

7-8 Step L forward

Section 4: Forward Step with Sweep; Side, back, cross

1-2 Step R forward, sweep L from back to front

3-4	Cross L over R
5-6	Step R to side, step L back
7-8	Cross R in front of L
Section 5: S	Side Rock, behind, side rock, cross, Hold
1-2	Step L to side, recover on R
3-4	Cross L behind R
5-6	Step R to side, Recover on L
7-8	Cross R in front of L, Hold
Section 6: l	Jnwind ½ to L
1-8	Unwind $1/2$ to left, put right Hand in the air on Vocals
Part C : 4x8	3 Counts
Section 1: 0	Out, out, Hold (bounce with knees in place)
&1	Step R to right, step L to Left,
2-8	Stand with your feet shoulder wide apart, hold, while doing a slight knee bounce
Section 2: I	n, In, Hold (bounce with knees in place)
&1	Close both feet, starting with R then L,
2-8	hold while do a slight knee bounce
Section 3: 0	Out out, hold, in, in, hold, out, out, hold
&1	Step R to right, step L to left
2-4	Hold, while do a slight knee bounce
&5	close both feet starting with R then L,
6	Hold while doing a slight knee bounce
&7	Step R to right, step L to left
8	Stand with your feet shoulder wide apart, hold ,while doing a slight knee bounce
Section 4: I	n, in, hold, out out, hold, in, in, out, out, in in, tap
&1	close both feet starting with R then L
2	Hold, while doing a slight knee bounce
&3	Step R to right, step L to left
4	Stand with your feet shoulder wide apart, hold, while doing a slight knee bounce
&5	close both feet starting with R then L
&6	Step R to right, step L to left
&7	close both feet starting with R then L
8	tap with toe of R foot behind.
Part D: 4x8	Counts
	lump style old school basic 1-5; 180° turn (Tornado) ½ to the right between 6-8
1-2	Kick 2x forward with the heel of R foot above the ground, while Jumping in place on L
3	Jump onto R foot, while kicking forward with heel of L foot above the ground
4	Jump in Place on R foot, kick backwards with L foot, above the ground
5	Jump onto L foot, while tapping with toe of R foot behind
6	Kick forward with Heel of R foot, above the ground, while jumping in place on L
7	Kick sideways with L foot above the ground, while jumping onto R foot, begin to turn right
8	Jump on to L foot, while tapping with toe of R foot behind, finish turning (1/2 to right)
	Repeat Section 1
Section 3: 1	Fornado underturned (3/8 to r) 1-3; Tap Jumps 4-5; Kick 6 (3/8 to L); Foot grab 7; Kick

- Kick forward with Heel of R foot, above the ground, while jumping in place on L 1 2
- Kick sideways with L foot above the ground, while jumping onto R foot, begin to turn right

3	Jump on to L foot, while tapping with toe of R foot behind, finish turning (3/8 to right facing)
4	Jump with L foot in place, tap with Heel of R foot forward on the ground
5	Jump with L foot in place, tap with toe of R foot behind on the ground
6	Jump on to R foot turning 3/8 to left, while kicking forward with Heel of L foot above the ground
7	Jump on to L foot while grabbing ankle of R foot bending knee backwards (like heel to butt running)
8	Jump with L foot in place, while kicking forward with heel of R foot above the ground

Section 4: Wheel 1-2 turn ½ to r; continous Tornado 3-7 (2 full turns); heel Tap (1/4 to r)

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1-2	pull back R foot from front to back, doing a wheel movement with R foot, begin turning R after R foot passes L foot, end with Heel of R foot kicking forward above ground and having turned ½ to r.
3	Kick sideways with L foot above the ground, while jumping onto R foot, begin to turn right
4	Jump onto L foot tap with toe of R foot behind, Turn ½ to R between 3-4.
5	Jump with L foot in Place, while turning $\frac{1}{2}$ to r, Kick with heel of R foot forward above the ground
6	Kick sideways with L foot above the ground, while jumping onto R foot, begin to turn right
7	Jump onto L foot tap with toe of R foot behind, Turn ½ to R between 6-7
8	Jump with L foot in place, tap with toe of R foot behind, while turning ¼ to R.

Tag 1 2x8 Counts: Rocking chair, Step turn $\frac{1}{2}$ to I, walk, walk, shuffle forward, step turn, walk, walk Section 1

1-2	Rock R foot forward, recover onto L foot,
3-4	Rock L foot back, recover onto L foot
5-6	Rock R foot forward recover onto L foot, turning ½ to L
7&8	Step R forward, close L foot next to R, step R foot forward

Section 2

1-2	Walk forward with L foot, walk forward with R foot
3&4	Step L forward, close R foot next to L, step L foot forward
5-6	rock forward with R foot, recover onto L foot, turning ½ to L
7-8	walk Forward with R foot, walk forward with L foot.

Tag 2 4 Counts: Hold

1-4 Hold standing with your feet shoulder wide apart.