

# Penolong Dalam Kesesakan

**COPPER** **KNOB**  
BY STEPHENETS

**Compte:** 16

**Mur:** 4

**Niveau:** Improver - NC

**Chorégraphe:** Saniang Ludjen (INA) - May 2024

**Musique:** Penolong Dalam Kesesakan - Melitha Sidabutar



**Intro:** 12 counts

**Restart on wall 5 after 12 counts facing 12.00**

## **I. FORWARD, BACK L-R-L, SERPIENTEY, ¼ L BACK, BACK, ½ R BACK**

- 1 Step R forward
- 2&3 Step L back, step R back, step L back while sweep R
- 4&5 Cross R behind L, step L to side, cross R over L while sweep L
- 6&7 Cross L over R, ¼ turn left step R back, step L back (9.00)
- 8& Recover on R, ½ turn right step L back (3.00)

## **II. LUNGE, ¼ L RUN L-R-L, RUN R-L, ¼ L BASIC NC, ¼ L FORWARD, ¾ L**

- 1 Lunge R to side
- 2&3 ¼ Turn left step L forward, step R forward, step L forward
- 4&5 Step R forward, step L forward, ¼ turn left big step R to side (9.00)
- 6&7 Step L slightly behind R, cross R over L, ¼ turn left step L forward
- 8& ½ Turn left step R back, ¼ turn left step L to side

**Enjoy the dance!**

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