

Wake Me Up-Up

Compte: 64

Mur: 4

Niveau: Phrased Easy Improver



Chorégraphe: Rob Williams (USA) - May 2024

Musique: Wake Me Up Before You Go-Go - Wham!

COUNT IN: 32 counts from the start of the track (approx. 12 seconds) on vocals "boom-boom"
SEQUENCE: AB+ ABB, AB+ ABB, ABB ABB ABB

PART A

Sec 1: HEEL JACKS R & L

- 1-4 Step R across L, Step L to L, Touch R heel to R, Step in place onto R
- 5-8 Step L Across R, Step R to R, Touch L heel to L, Step in place onto L

Sec 2: HEEL SWITCHES, STEP, 1/2 PIVOT TURN, STEP

- 1-4 Touch R heel forward, Step R next to L, Touch L heel forward, Step L next to R
- 5-7 Step R forward, Step L forward onto ball of foot, Pivot 1/2 R onto R
- 8 Step L forward next to R

Sec 3: TOE TOUCH WITH LEG ROTATION, COASTER STEP, TOE TOUCH WITH LEG ROTATION, STEP BACK

- 1-2 Touch R toe forward with leg rotated inwards, Rotate R leg outwards
- 3-5 Step back on R, step L next to R, step forward on R
- 6-7 Touch L toe forward with leg rotated inwards, Rotate L leg outwards
- 8 Step L back

Sec 4: STEP TOGETHER, STEP, PIVOT 1/2 TURN, STEP TOGETHER, HEEL SWITCHES

- 1-2 Step R back next to L, Step L forward
- 3-4 Step R forward onto ball of foot (3), Pivot 1/2 turn to the L onto L foot (4)
- 5-8 Touch R heel forward, Step R next to L, Touch L heel forward, Step L next to R

PART B (SYNCOPATED RHYTHM)

Sec 1: LOCK STEP WITH A BRUSH x 2

- 1-4 (On a slight angle to the R corner) Step R forward, Step L behind R, Step R forward, Brush L
- 5-8 (On a slight angle to the L corner) Step L forward, Step R behind L, Step L forward, Brush R

Sec 2: BACK TRIPLE STEP WITH A KICK x 2

- 1-4 Step R back, Step L beside R, Step R back, Kick L forward
- 5-8 Step L back, Step R beside L, Step L back, Kick R forward

Sec 3: SIDE ROCK, CROSS AND HOLD, SIDE ROCK, FORWARD AND HOLD

- 1-4 Rock R to right side, Recover weight L, Cross R over L, Hold
- 5-8 Rock L to left side, Recover weight R, Step L in front of R, Hold

Sec 4: 1/4 L TURNING MAMBO (FORWARD, RECOVER, 1/4 L TURN BACK, HOLD, BACK, RECOVER, FORWARD, HOLD)

- 1-4 Step R forward (12:00), Recover on L, 1/4 L turn step back on R (9:00), Hold
- 5-8 Step L back (09:00), Recover on R, Step L forward, Hold

Note On Parts B+: After completing all sections of Part B, add a 2-count Tag.

TAG: HEEL SWIVELS, LOWER HEELS

- 1 Step R next to L, lifting onto balls of both feet while swiveling heels to R
- 2 Lower heels, taking weight onto L

Last Update: 14 May 2024

