

I Feel Good

Compte: 48

Mur: 1

Niveau: High Beginner

Chorégraphe: Sawina (INA) & Ani Soedjiwo (INA) - May 2024

Musique: I Got You (I Feel Good) - James Brown



Intro : 2 Count

Sequence : AB AB Tag (16 C) AAB Tag (16 C) AAB ABBB

PART A (32 Count)

SI VINE R/L

- 1 - 4 Step R to side - step L behind R - step R to side - step L touch next to R
5 - 8 Step L to side - step R behind L - step L to side - step R touch next to L

SII STEP FORWARD - COASTER STEP (R/L)

- 1 - 2 Step R fwd, recover L
3&4 Step R back, step L back together R, step R fwd
5 - 6 Step L fwd, recover R
7&8 Step L back , step R back together L, step L fwd

SIII CHARLESTON STEP (TWICE)

- 1 - 4 Step R forward – touch L forward – step L back – touch R back
5 - 8 Step R forward – touch L forward – step L back – touch R back

****Can be done with any charleston step**

SIV TOE STRUTS R-L (TWICE)

- 1 - 4 Toe R fwd - drop R in place - toe L fwd - drop L in place
5 - 8 Toe R fwd - drop R in place - toe L fwd - drop L in place

PART B (16 C)

SI OUT OUT - CLAP CLAP - IN IN - CLAP CLAP

- 1 - 4 Step R diagonal - step L diagonal - clap - clap
1 - 8 Step R back to center - step L beside R - clap - clap

SII SWIVEL R/L WITH FLICK - SWAY

- 1-2-3-4 Step heel to R side - Step Toe to R side - Flick L behind R - step heel to L side
5 - 6 Step L Toe to L side - Flick R behind L
7 - 8 Step R to R side with sway R - sway L

Tag (16 C) : K - STEP

- 1 - 4 Step R diagonal fwd - touch L next to R - step L diagonal back to center - touch R next to L
5 - 8 Step R diagonal back - touch L next to R - step L diagonal fwd to center - touch R next to L

Enjoy the dance ☐☐☐

Contact : sawina.imang.sastramihardja@gmail.com
anisoedjiwo@gmail.com

Last Update: 12 May 2024