

# Work It Out

**COPPER** **KNOB**  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Magali CHABRET (FR) - March 2024

**Musique:** Doctor (Work It Out) - Pharrell Williams & Miley Cyrus



## #4 counts intro

### S1 – WALK FORWARD R/L/R, KICK L, L DIAG BACK, TOUCH & CLAP, R DIAG BACK, TOUCH & CLAP

- 1-2 Step Rf forward – step Lf forward
- 3-4 Step Rf forward – Kick Lf forward
- 5-6 Step Lf diagonally back – touch Rf next to Lf with clap hands
- 7-8 Step Rf diagonally back – touch Lf next to Rf with clap hands

### S2 – L GRAPEVINE, TOUCH, R GRAPEVINE, TOUCH

- 1-2-3 Step Lf to L side – step Rf behind Lf – step Lf to L side
- 4 Touch Rf next to Lf
- 5-6-7 Step Rf to R side – step Lf behind Rf – step Rf to R side
- 8 Touch Lf next to Rf

### S3 – L SIDE, TOUCH, POINT R SIDE, TOUCH, R SIDE, TOUCH, ¼ TURN L, TOUCH

- 1-2 Step Lf to L side – touch Rf next to Lf
- 3-4 Point R toes to R side – touch Rf next to Lf
- 5-6 Step Rf to R side – touch Lf next to Rf
- 7-8 Turn 1/4 L stepping Lf to L side – touch Rf next to Lf (9:00)

### S4 – CHARLESTON STEP TWICE

- 1-2 Step Rf forward – Kick Lf forward
- 3-4 Step Lf back – point Rf back
- 5-6 Step Rf forward – Kick Lf forward
- 7-8 Step Lf back – point Rf back

No tag or restart.

« Croquez la vie à pleines danses ! » Magali Chabret - [galicountry76@yahoo.fr](mailto:galicountry76@yahoo.fr)

Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.