

# Legs (Keep Dancing)

Compte: 64

Mur: 2

Niveau: Intermediate

Chorégraphe: Alison Metelnick (UK) & Peter Metelnick (UK) - April 2024

Musique: Legs (Keep Dancing) - Vanessa Williams



Start after 16 count intro

**[1-8] R fwd rock/recover, R/L apart, sway L/R/L, R sailor, touch L together**

- 1-2& Rock R forward, recover weight on L, step R back
- 3-5 Step L apart swaying hips left, sway hips right, sway hips left with weight ending on L
- 6&7-8 Cross step R behind L, step L side, step R side, touch L together

**[9-16] ¼ L, ½ L, L coaster step, R fwd cross, L side point, L samba step**

- 1-2 Turning ¼ left step L forward, turning ½ left step R back (3 o'clock)
- 3&4 Step L back, step R together, step L forward
- 5-6 Cross step R forward, point L side
- 7&8 Cross step L over R, rock R side, recover weight on L

**[17-24] R fwd rock/recover, R ball step back, R back, L back rock/recover, L kick ball step**

- 1-2 Rock R forward, recover weight on L
- &3-4 Step R back, step L back, step R back
- 5-6 Rock L back, recover weight on R
- 7&8 Kick L forward, step L back, step R forward

**[25-32] L fwd, ¼ L, R scissor cross, L side, cross R behind, ¼ L, L fwd, R fwd, L fwd rock/recover**

- 1-2&3 Step L forward, ¼ left, step R to right side, step L next to R, cross step R over L
- 4-5&6 Step L side, cross step R behind L, turning ¼ left step L forward, step R forward (9 o'clock)
- 7-8 Rock L forward, recover weight on R

**[33-40] ¼ L, L side, R jazz box R/L fwd syncopated rock steps**

- &1-4 Turning ¼ left step L side, cross step R over L, step L back, step R side, step L forward (6 o'clock)

**WALL 5 RESTART: Dance 36 counts and restart the dance facing front wall**

- 5-6& Rock R forward, recover weight on L, step R back
- 7-8& Rock L forward, recover weight on R, step L back

**[41-48] R fwd, ¼ L pivot turn, R cross step, ½ R hinge, L cross step, ¼ L & R back, ½ L & L fwd**

- 1-2 Step R forward, pivot ¼ left (3 o'clock)
- 3-4 Cross step R over L, turning ¼ right step L back (6 o'clock)
- 5-6 Turning ¼ right step R side, cross step L over R (9 o'clock)
- 7-8 Turning ¼ left step R back (6 o'clock), turning ½ left step L forward (12 o'clock)

**WALL 2 RESTART: Dance 48 counts and restart the dance facing back wall**

**[49-56] R fwd, touch L tog, L back, R heel fwd, R back, L rock fwd/recover, run back L/R/L, R side point (first step of Monterey turn)**

- 1-2& Step R forward, touch L together, step L back
- 3& Touch R heel forward, step R back
- 4-5 Rock L forward, recover weight on R
- 6&7 Step L back, step R back, step L back
- 8 Point R side

**[57-64] ¼ R, R together, point L side, step L together, point R side, ¼ R, point L side, hold, L fwd rock/recover, L coaster step**

&1&2            Turning  $\frac{1}{4}$  right step R together, point L side, step L together, point R side (3 o'clock)  
&3-4            Turning  $\frac{1}{4}$  right step R together, point L side, hold (6 o'clock)  
5-6              Rock L forward, recover weight on R  
7&8              Step L back, step R together, step L forward

**ENDING: Dance first 3 counts, cross R over L unwind  $\frac{1}{2}$  L to face front**

**Last Update - 28 Apr 2024**

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