

# Salvavidas

Compte: 32

Mur: 4

Niveau: Improver / Intermediate

Chorégraphe: Vee Trias (INA), Swesty Budianingsih (INA), Mimitha Kaeru (INA) & Roosamekto Mamek (INA) - April 2024

Musique: Salvavidas - Lérica, Demarco Flamenco & Nyno Vargas



Intro: 16 count (approximately 00:12)

No Tag, No Restart

## S1. SAMBA WHISK (R-L), SYNCOPATED ROCKING CHAIR, WALK FORWARD (R-L)

- 1 a2 Step R to side – Rock L back – Recover on R (12:00)
- 3 a4 Step L to side – Rock R back – Recover on L
- 5&6& Rock R forward – Recover on L – Rock R backward – Recover on L
- 7-8 Walk R forward – Walk L forward

## S2. CROSS SAMBA, PUSH FORWARD WITH HIPS SWAY, HIPS SWAYS, TURN 1/2 LEFT WITH FLICK

- 1&2 Cross R over L – Rock L to side – Recover on R (12:00)
- 3&4 Cross L over R – Rock R to side – Recover on L
- 5-8 Push R ball forward sway hips forward – Sway hips back – Transfer weight on R and sway hips forward – Turn 1/2 left flick R back (6:00)

## S3. FORWARD MAMBO, BACK MAMBO, SIDE MAMBO (R & L)

- 1&2 Rock R forward – Recover on L – Step R back (6:00)
- 3&4 Rock L back – Recover on R – Step L forward
- 5&6 Rock R to side – Recover on L – Step R together
- 7&8 Rock L to side – Recover on R – Step L together

## S4. FORWARD LOCK SHUFFLE, JAZZBOX CROSS TURN 1/4 RIGHT

- 1&2 Step R forward – Lock L behind R – Step R forward
- 3&4 Step L forward – Lock R behind L – Step L forward
- 5-8 Cross R over L – Turn 1/4 right step L back – Step R to side – Cross L over R (9:00)

REPEAT

For more info about step sheet & song, please contact:

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