

Nightclub Then & Now

COPPER KNOB
BY SHEETS

Compte: 16

Mur: 1

Niveau: Beginner



Chorégraphe: V. Allen L. Isidro (USA) - April 2024

Musique: Five More Minutes - Scotty McCreery

ou: I Knew I Loved You - Savage Garden

ou: Cien - CNCO

Note: Spring-Summer 2024 Training Module (16-ct, 1 or 4-wall, beginner)

Five More Minutes (Scotty McCreery) – country

I Knew I Loved You (Savage Garden) – Pop/R&B

Cien (CNCO) – Latin

Any of your favorite nightclub rhythm songs

Set 1 New basic NC2S, body rolls left and right, recover

1-2&3-4& Side R - behind L - recover R – side L – behind R – recover L

5-6&7-8& *Cross R over L – recover L - together R - cross L over R - recover R – together L

Set 2: Walk, walk, old basic NC2S, back, back, old basic NC2S

1-2, 3&4 Forward R – L, behind R - recover L - side R

5-6, 7&8 Back L - R, behind L - recover R – side L

4-wall option

5-6&7-8& Cross R over L – recover L - together R – $\frac{1}{4}$ cross L over R (3:00) - recover R – together L

START ALL OVER ON NEW WALL

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