

# Get Down (Chomping at the Bit)

**COPPER** **KNOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Elizabeth Mooney (USA) & Kristin Clove (USA) - April 2024

**Musique:** Get Down - Nitty Gritty Gr & SB the Queen



## No Tags or restarts

### S1

- 1, 2 Walk forward RF walk forward LF
- 3&4 RF shuffle forward (get down with it)
- 5, 6 LF rock forward, recover RF
- 7&8 Coaster LF back RF together LF step forward

### S2

- 1-2 Cross RF over LF unwind full turn
- 3&4 RF kick ball LF point side L
- 5, 6 switch point out RF side R,
- & 7-8 step in RF step out LF (body roll or arm punches)

### S3

- 1-2 slide L
- 3-4 Slide R
- 5-6 R heel jack, L heel jack
- 7&8 tap RF forward, kick RF accross LF 1/4 turn L, RF lands side right

### S4

- 1-2 jump forward (get down)
- 3-4 jump back (get down)
- 5, 6, 7, 8 RF Paddle 4 times full turn over left shoulder.

**Last Update: 13 Apr 2024**

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