

Ladies Night

Compte: 32

Mur: 4

Niveau: Beginner



Chorégraphe: Grant Stanley (SCO) - April 2024

Musique: Ladies Night - The Overtones

ou: After All - Daniel O'Donnell

[1-8] Side, Together, Shuffle Forward, Side, Together, Shuffle Back

- 1-2 Step R to R side, Step L next to R
- 3&4 Step fwd on R, Step L together, Step fwd R
- 5-6 Step L to L side, Step R next to L
- 7&8 Step back L, Step L together, Step back L

[9-16] Side, Touch, 1/4 Turn, Touch, Side, Touch, 1/4 Turn, Touch,

- 1-2 Step R to R Side, Touch L next to R
- 3-4 Step L to L side making 1/4 L, Touch R next to L
- 5-6 Step R to R Side, Touch L next to R
- 7-8 Step L to L side making 1/4 L, Touch R next to L

[17-24] Side Shuffle, Rock Back, Recover x2

- 1&2 Step R to R side, Step L together, Step R to R side
- 3-4 Rock back on L, Recover on R
- 5&6 Step L to L side, Step R together, Step L to L Side
- 7-8 Rock back on R, Recover on L

[25-32] Toe Strut x2, Jazz Box 1/4 Turn

- 1-2 Right toe fwd, Drop your heel down
 - 3-4 Left toe fwd, Drop your heel down
- (Styling: Shimmy shoulders when doing heel struts)**
- 5-6 Cross R over L, Step back on L,
 - 7-8 Step R to R side making 1/4 R, Step L together

No Tags and Restarts

Enjoy and Happy Dancing
